

It's A Heartache

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Linda Nyholm (CAN) - May 2012
音樂: It's a Heartache - Rod Stewart



Intro: 16 counts

[1-8] Walk 2, pivot ¼, shuffle, pivot ¼

1-2 Walk fwd, right, left
3-4 Step fwd on right, pivoting ¼ left, recover to left
5&6 Step fwd right, step left beside, step fwd right
7-8 Step fwd left, pivoting ¼ right, recover to right

[9-16] Weave 3, point, cross, point cross, point

9-10 Step left across front of right, step right to side
11-12 Step left behind right, point right to side
13-14 Step right across left, point left to side
15-16 Step left across right, point right to side

[17-24] Back rocking chair, walk back 2, coaster

17-18 Rock back on right, recover to left
19-20 Rock fwd on right, recover to left
21-22 Walk back right, left
23&24 Step back right, step left beside, step right fwd

[25-32] Vine 2, turn ¼ left, rocking chair

25-26 Step left to side, step right behind left
27-28 Step left to side, turning ¼ left, scuff right beside left
29-30 Rock fwd on right, recover to left
31-32 Rock back on right, recover to left

Start Again

**** 2 easy restarts—5th & 10th sequence—both at 12:00—do 1st 16 counts, then restart**