Cow Party



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Donna Manning (USA) - May 2012

音樂: Party 'Til the Cows Come Home - Rachele Lynae



Triple Step, Triple Step, Skate, Skate, Cross, Back, Back

1&2 L Step Fwd, R Close To L, L Step Fwd (these should go to L fwd diagonal)

3&4 R Step Fwd, L Close to R, L Step Fwd (these go to R fwd diagonal)

5, 6 L skate, R skate

7&8 Cross L over R, Step R back on diagonal, Step L back on diagonal (open hips)(12:00)

Crossing Triple, 1/4 R Triple Back, Side, Cross, Side-Touch, Side-Touch

1&2 Cross R over L, Step L to L side, Cross R over

3&4 Step L back turning 1/4 R, Close R to L, Step back on L

5, 6 Step R to R side, Cross L over R

7&8& Step R to R side, touch L next to R, Step L to L side, touch R next to L (3:00)

Restart HERE Wall 2 ****Replace 7&8& with (changes from front/ back to side to side)

7, 8 Step R to side, Touch L next to R Start dance again!!!

Kick, Step, Touch, Back, Kick, Behind, Side, Cross, Kick, Step, Touch, Back, Kick, Behind, ¼, ¼

1&2& Kick R fwd to angle(4:00), Step R down, touch L next to R, Step back on L
3&4& Kick R fwd to angle, Cross R behind L, Step L to L side, Cross R over L (1:00)

5&6& Kick L fwd (1:00), Step down on L, touch R next to L, Step back on R

7&8& Kick L fwd (1:00), Cross L behind R, turn ¼ R step fwd R, turn ¼ R Step L to side (9:00)

R Sailor Step, Behind, Side, Cross, R Side Rock, Recover & Left Side Rock Recover

1&2 Step R behind, step L to L side, Step R to R side3&4 Cross L behind R, Step R to side, Cross L over R

5, 6& Rock R to R side, Recover weight to L, Step R to center taking weight 7, 8& Rock L to L side, Recover weight to R, Step L to center taking weight (9:00)

****During 4th dance pattern....OMIT 5-8 in this section go right into hip sways****

Sway R, L, R Side Triple, Sway L, R, Side, 1/4 turn L triple

1, 2, 3&4 Step R to R side, Sway hips L, Sway hips R, Step L next to R, Step R to R side 5, 6, 7&8 Sway hips L, Sway hips R, Sway hips L, Close R to L, turn ¼ L step L fwd (6:00)

1/2 Turn L Chase Turn, R Triple Full Turn, 1/4 R, Cross, Kick, Step, Touch, Step Back Diagonal

1&2 Step R fwd, ½ L on the ball of the R changing weight to L, Step R fwd (toe out – prep)

3&4 Turn ½ R Step back on L, ½ turn R step fwd on R, Step fwd on L

5, 6 Turn ¼ R taking weight to R, Cross L over R

7&8& Kick R fwd to diagonal (4:00), Step down on R, touch L next to R, Step back on L (3:00)

Bounce, Bounce, Kick & Touch, Syncopated Rock and Weave

1, 2, 3&4 Bring R to L-bend knees, bounce, bounce – Take weight to L on 2, Kick R fwd, step down on

R, turn ¼ R as you touch L next to R (6:00)

5& Rock L to side, recover weight to R

6&7&8& L cross over R, Step R to side, L behind R, R to side, L cross R, R to side.

L Cross Rock, Recover, L Triple Full Turn, R Cross Rock, R Triple Full Turn

1,2	Cross Rock L over R, Recover weight to R

3&4 ½ Turn L, Bring R to L taking weight, ½ L Step fwd

5,6 Cross Rock R over L, Recover weight to L

7&8 ½ Turn R, Bring L to R taking weight, ½ Turn R Step fwd. EOD!!!!!

Have fun!!!!

Any questions please email: dancindonna928@yahoo.com - www.dancinfree.com