

Little Bit Lonely

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Phil Ashcroft (UK) & Roz Chaplin (UK) - May 2012
音樂: I'm a Little Bit Lonely - Lisa McHugh : (CD: Old fashion Girl)



14 Count Into: Start on Vocals I'm A Little Bit

RIGHT RUMBA BOX, RIGHT SIDE TOGETHER SIDE, ¼ SAILOR LEFT

1&2 Step right to right side, close left beside right, step right forward
3&4 Step left to left side, close right beside left, step left back
5&6 Step right to right side, close left beside right, step right to right side
7&8 Make ¼ turn left crossing left behind right, step right to right side, step left in place (9)

JAZZ BOX CROSS X2, STEP LOCK STEP, PIVOT ½ TURN

1&2 Cross right over left, step back on left, step right to right side
3&4 Cross left over right, step back on right, step left to left side
5&6 Step forward on right, lock left behind right, step forward on right
7&8 Step forward on left, pivot ½ turn right, step forward on left (3)

SHUFFLE BACK, ½ SHUFFLE TURN, ¼ PIVOT LEFT, CROSS SHUFFLE

1&2 Step back on right, step left beside right, step back on right
3&4 Shuffle ½ turn left stepping - left, right, left (9)
5-6 Step forward on right, pivot ¼ left (6)
7&8 Cross right over left, step left to left side, cross right over left

SCISSOR STEP X2 ROCK RECOVER, TRIPLE FULL TURN

1&2 Rock left to left side, step right beside left, cross left over right
3&4 Rock right to right side, step left beside right, cross right over left
5-6 Rock forward on left, recover onto right
7&8 Triple full turn left, stepping - left, right, left

Easy option steps 7&8: Left coaster step on the spot

START AGAIN