Banca Cha

拍數: 32

級數: Improver

編舞者: Marie Sørensen (TUR) - June 2012

音樂: Banca Banca - E-Type : (iTunes)

Intro: 32 Counts	
	Chasse, Rock, Recover, ¼ Turn Shuffle
1-2	Step Right to Right side, step Left beside Right
3&4	Step Right to Right side, step Left beside Right, step Right to Right side
5-6	Cross Rock Left in front of Right, recover
7&8	1/2 turn Left, step fwd, Left, step Right beside Left, step fwd, Left (09:00)
Sway, Sway, Rumba, Sway, Sway, Rumba	
1-2	Sway Right, Left
3&4	Step Right to Right side, step Left beside Right, step back on Right
5-6	Sway Left, Right
7&8	Step Left to Left side, step Right beside Left, step fwd. Left (09:00)
Restart the dance here during wall 3 & wall 7 – Facing 09:00 both times	
Walk, Walk Fwd. Right, Left, Lock Step, Rock, Recover, Lock Step	
1-2	Step Fwd. Right, Left (Use your hips)
3&4	Step fwd. Right, lock Left behind Right, step fwd. Right
5-6	Rock fwd, Left, recover
7&8	Step back Left, lock Right in front of Left, step back on Left (09:00)
Samba Step Right, Left, Sway 4 Times	
1&2	Cross Right in front of Left, rock Left to Left side, recover
3&4	Cross Left in front of Right, rock Right to Right side, recover
5-6	Sway Right, Left
7-8	Sway Right, Left (09:00)

THERE ARE 2 RESTARTS:

During wall 3, after 16 Counts – Facing 09:00 During wall 7, after 16 Counts – Facing 09:00

Have Fun!

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牆數:4