Be My Love, Be My Friend



拍數: 64 牆數: 2 級數: Improver

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音樂: To Be Your Man - Don Williams: (CD: Smokey And The Bandit 1)



Intro 16 counts

Rocking Chair, Side Rock, Cross Shuffle

RF rock forward 2 LF recover 3 RF rock back 4 LF recover 5 RF rock to side 6 LF recover 7 RF cross over & LF step to side 8 RF cross over

Side Rock, Shuffle Forward, Rock Forward, Coaster Step

LF rock to side
 RF recover
 LF step forward

& RF close

4 LF step forward
5 RF rock forward
6 LF recover
7 RF step back
& LF close

8 RF step forward

Rock Forward, Lock Step Back, Touch, 1/2 Turn, Back Rock

LF rock forward
RF recover
LF step back
RF lock across
LF step back
RF touch behind

6 R+L ½ turn right (weight LF)

7 RF rock back8 LF recover

Kick Ball Change x2, Side Rock, Coaster Step

RF kick forward 1 & RF step beside 2 LF step in place 3 RF kick forward & RF step beside 4 LF step in place 5 RF rock to side 6 LF recover 7 RF step back & LF close

Behind Side Cross, Rock, Kick Ball Change

1	LF step to side
2	RF cross behind
&	LF step to side
3	RF cross over
4	LF step to side
5	RF rock back
6	LF recover
7	RF kick forward
&	RF step beside
8	LF step in place

1/4 Monterey Turn x2

1	RF point to side
2	RF ¼ right, close
3	LF point to side
4	LF close
5	RF point to side
6	RF 1/4 right, close
7	LF point to side

8 LF close

Jazz Box ¼ Turn x2

1	RF cross over
2	LF step back
3	RF ¼ right, step to side
4	LV step forward
5	RF cross over
6	LF step back
7	RF ¼ right, step to side
8	LV step forward

Side Rock, Triple x2

1	RF rock to side
2	LF recover
3	RF step in place
&	LF step in place
4	RF step in place
5	LF rock to side
6	RF recover
7	LF step in place
&	RF step in place
8	LF step in place

Start Again

Restart:

Dance the 4th wall up to and included count 15 (count 7 of 2nd section) and add:

RF touch beside

and restart the dance