

An Absolute Dream

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Joyce Plaskett (UK) - June 2012
音樂: Land of Dreams (with Los Lobos & Bebel Gilberto) - Rosanne Cash



Free download available from www.discoveramerica.com
(16 count Intro' from where beat kicks in – 28 secs).

Section 1 – Step Forward, Toe Touch, (Step Back, Toe Touch) x2, Step Forward, Toe Touch.

- 1-2 Step forward on right (towards right diagonal), touch left toe beside right.
- 3-4 Step back on left (towards left diagonal), touch right toe beside left.
- 5-6 Step back on right (towards right diagonal), touch left toe beside right.
- 7-8 Step forward on left (towards left diagonal), touch right toe beside left. (12 o'clock)

Section 2 – Right Vine, Toe Touch, Left Vine With ¼ Turn Left, Scuff.

- 1-2 Step right to right side, cross left behind right.
- 3-4 Step right to right side, touch left toe beside right.
- 5-6 Step left to left side, cross right behind left.
- 7-8 Make a quarter turn left, scuff right forward. (9 o'clock)

Section 3 – Toe Struts, Rocking Chair.

- 1-2 Touch right toe forward, drop right heel (taking weight).
- 3-4 Touch left toe forward, drop left heel (taking weight).
- 5-6 Rock forward on right, recover weight on left.
- 7-8 Rock back on right, recover weight on left. (9 o'clock)

Section 4 – Rumba Box.

- 1-2 Step right to right side, close left beside right.
- 3-4 Step back on right, hold.
- 5-6 Step left to left side, close right beside left.
- 7-8 Step forward on left, hold. (9 o'clock)

Begin Again & Enjoy!

Contact: joyce.plaskett1@btinternet.com