King & Queen



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Mikael Mölsä (FIN) - June 2012

音樂: State of Shock - Michael Jackson & Freddie Mercury



Starting point: 32 counts from the moment the guitar starts, at about 0:32.

Note: There are two restarts in the dance, on wall 2. On that wall dance the first 48 counts and add an additional weight-transferring step and restart the dance.

STEPS FORWARD, SIDE STEP, SLIDE TOGETHER, 1/4 RIGHT TURNING SAILOR STEP, 1/4 RIGHT TURNING PIVOT

1-2 Step left forward, step right forward

3-4 Take a big step to left, slide right next to left (weight remains on left)

5&6 Step right behind left, step left next to right, turn 1/4 to right and step right to right diagonal

(now facing 9:00)

7-8 Step left forward, turn ¼ to right (weight ends up on right) (now facing 6:00)

STEP APART, BODY ROLL, HIP BUMPS, 1/4 LEFT TURNING STEP, STEP FORWARD

1-2 Step left to side, step right to side

3-4 Do a body roll from top going down for two counts (weight ends up on your right)

5&6& Bump your hips left-centre-left-centre (weight remains on right)

7-8 Turn ¼ to left and step left forward, step right forward (now facing 9:00)

STEPS FORWARD, POSE, 1/2 RIGHT TURNING PIVOT, STEP FORWARD, STEP TOGETHER

1-2 Step left forward, step right forward

3-4 Step left to side and strike a pose like models at the end of a runway (right hand on the hip.

leaning to right hip and flicking your head right, for instance), hold (weight ends up on your

right foot)

5-6 Step left forward, turn ½ to right (now facing 3:00)

7-8 Step left forward, step right to side (shoulder width apart, weight on both feet)

MASHED POTATOES BACK, HOLD, MASHED POTATOES BACK, STEP FORWARD, TOUCH

&1	Split your heels out, bring your heels in while stepping right back
&2	Split your heels out, bring your heels in while stepping left back
&3-4	Split your heels out, bring your heels in while stepping right back, hold
&5	Split your heels out, bring your heels in while stepping left back
&6	Split your heels out, bring your heels in while stepping right back
7-8	Step left forward, touch right next to left

SAILOR STEP, 1/2 RIGHT TURNING SWEEP, TOE STRUTS ON THE SPOT

1&2	Step right behind left, step left next to right, step right to right diagonal
3-4	Sweep your right foot in the air from front to back while turning a ½ to the right, bring your
	right foot next to your left (don't step right down) (now facing 9:00)

Touch right toe forward, while stepping weight to your right foot push your left foot back

(weight ends on your right)

5-6

7-8 Touch left toe forward, while stepping weight to your left foot push your right foot back

(weight ends on your left)

1/4 LEFT TURNING SHUFFLE, POSE, HOLD, HIP BUMPS

1&2 Turn 1/4 to right and step right to side, step left next to right, step right to side (now facing 12:00)

3-4 Touch your left toe behind your right foot and snap your right hand to the right (looking in a

downward angle toward your right foot, like a classic MJ pose), hold

5&6&7&8 Step left to side and bump hips left, centre, left, centre, left, centre, left (weight ends up on

eft)

Note: Restarts come here on walls 2 and 4. On those walls add an additional & -count after count 8 on which you transfer your weight back to your right foot in order to start the dance from the top.

RUN FORWARD, HITCH, HOLD, STEP BACK, TOUCH TOGETHER, ROCK BACK

1&2	Step right forward, step left forward, step right forward (small steps)
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3-4 Hitch left foot (lean a little forward on your upper body), hold

5-6 Step left back, touch right next to left7-8 Rock right back, recover weight on left

SIDE TOUCHES, HITCH ACROSS, SIDE TOUCH, 1/4 RIGHT TURNING SAILOR STEP, ROCK FORWARD

1&2& Touch right to side, step right next to left, touch left to side, step left next to right

3&4 Touch right to side, hitch right across left, touch right to side

Step right behind left, step left next to right, turn 1/4 to right and step right to right diagonal

(now facing 3:00)

7-8 Rock left forward, recover weight on right

REPEAT

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