Shotgun Rider

拍數: 32

級數: Beginner

編舞者: Frank Trace (USA) - June 2012

音樂: Shotgun Rider - Neal McCoy

Note: Dance is not perfectly phrased. To keep this dance a beginner level, I decided not to worry about the phrasing.

The dance will go out of phase and then return.

Just dance through and enjoy the dance and the music :-)

HEEL, STEP, 1/4 TURN LEFT HEEL, STEP, FORWARD STEP, STEP, HEEL SPLIT

- 1-4 Touch R heel forward, step R next to L, turn 1/4 left and touch L heel forward, step L next to R (9:00)
- 5-8 Step R forward, step L forward, split heels out in

RIGHT HEEL, HOOK, HEEL, STEP, LEFT HEEL, HOOK, HEEL, STEP

- 1-4 Touch R heel forward, hook R leg across L leg, touch R heel forward, step R next to L
- 1-4 Touch L heel forward, hook L leg across R leg, touch L heel forward, step L next to R

STEP TOUCH RIGHT, 1/4 TURN RIGHT STEP TOUCH LEFT, STEP TOUCH RIGHT, 1/4 TURN RIGHT STEP TOUCH LEFT

- 1-4 Step R to right side, touch L next to R, turn 1/4 right and step L to left side, touch R next to L (12:00)
- 5-8 Step R to right side, touch L next to R, turn 1/4 right and step L to left side, touch R next to L (3:00)

WEAVE RIGHT, ROCK, RECOVER, CROSS, STEP

- 1-4 Step R to right side, step L behind R, step R to right side, cross step L over R
- 5-8 Rock R to right side, recover onto L, cross step R over L, step L to left side

REPEAT

Contact: franktrace@sssnet.com - www.franktrace.com





牆貫

牆數:4