Hit The Trail

拍數: 32

級數: Advanced Beginner

編舞者: William Sevone (UK) - July 2012

音樂: Everybody Gonfi-Gon - Two Cowboys : (Single)

牆數: 4





Choreographers note:- Fast n furious .. and includes the 'Mule Kick' option Dance start's with the first sound of the drums, feet apart and weight on left

2x Chasse-Full Turn Side Rock (12:00)

- 1& 2 Step right to right side, step left next to right, step right to right side.
- 3 4 Turn $\frac{1}{2}$ right & step left to left side (6). Turn $\frac{1}{2}$ right and rock right to right side (12).
- Step left to left side, step right next to left, step left to left side. 5& 6
- 7 8 Turn $\frac{1}{2}$ left & step right to right side. Turn $\frac{1}{2}$ left & rock left to left side.

Side Cross. 2x Kick Ballcross. Side. 1/2 Side (6:00)

- 9 10 Step/recover onto right. Cross left over right.
- 11& 12 Kick right forward, step right next to left, cross left over right.
- 13& 14 Kick right forward, step right next to left, cross left over right.
- 15 16 Step right to right side. Turn $\frac{1}{2}$ left & step left to left side (6).

2x Kick Ballcross. Side Rock. Recover. 2x Hip Slap (6:00)

- 16& 17 Kick right forward, step right next to left, cross left over right.
- 18& 19 Kick right forward, step right next to left, cross left over right.
- 21 22 Rock right to right side. Recover onto left
- 23 24 Push hip to right & slap butt with right hand. Push hip to left & slap butt with left hand.

Dance style: Count 23 - look over right shoulder. Count 24 - look over left shoulder.

Jump: In-Out-Cross. 1/2 Unwind. Jump Fwd: RL. Fwd. Fwd. 1/4 Touch (3:00)

- &25&26 Jump feet together – R then L. Jump feet apart – R then L.
- 27 28 Jump together crossing right over left. Unwind 1/2 left (12).
- 29& 30 Jump forward – Right then Left. Step forward onto right.

Mule Kick Replace Counts 29&30 with the harder Mule Kick option:

- 29& 30 (29) jumping upward & kicking feet backward - slap left foot with left hand, (&) whilst placing left foot to floor - slap right foot with right hand. (30) step right down next to left (weight even).
- 31 32 Step forward onto left. Turn 1/4 right & touch right next to left.

DANCE FINISH: The dance finishes during the music fade on Count 16 of the 12th wall (facing 3:00) To finish facing the 'Home' wall, simply replace Count 16 with:

Turn ¾ left & step forward onto left. (Then follow up with a step right next to left)