

50 Ways

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Pat Stott (UK) - July 2012
音樂: 50 Ways to Say Goodbye - Train : (CD: California 37 - iTunes)



32 count intro

Weave right, chasse, back rock, recover

- 1 – 4 Step right to right, cross left behind right, step right to right, cross left over right
- 5&6 Step right to right, close left to right, step right to right
- 7 – 8 Rock back on left, recover onto right

Vine left with ½ turn left, scuff, chasse, back rock, recover

- 1 – 4 Step left to left, cross right behind right, turn ¼ left stepping forward of left, pivot ¼ turn on left and scuff right next to left
- 5&6 Step right to right, close left to right, step right to right
- 7 – 8 Rock back on left, recover onto right

Rocking chair, step, ½ turn right & hook, shuffle forward

- 1 – 4 Rock forward on left, recover onto right, rock back on left, recover onto right
- 5 – 6 Step forward on left, turn ½ turn right keeping weight on left and hook right in front of left
- 7&8 Step forward on right, close left to right, step forward on right

Rock forward, recover, coaster step, stomp, hold, close, stomp, tap

- 1 – 2 Rock forward on left, recover onto right
- 3&4 Step back on left, close right to left, step forward onto left
- 5 – 6 Stomp right to right, hold
- & 7 8 Close left to right, stomp right to right, tap left next to right

* Restart during wall 3 (replace tap with stomp left next to right)

Roll 1 ½ turns to left, rock back, recover, kick, ball, cross

- 1 – 4 Turn ¼ to left and step forward on left, turn ½ to left and step back on right, turn ½ to left and step forward on left, turn ¼ left and step right to right
- 5 – 6 Rock back on left, recover onto right
- 7&8 Kick left to left diagonal, step on ball of left, cross right over left

Stomp, hold, close, stomp, tap, roll 1 ½ turns right

- 1 – 2 Stomp left to left, hold
- & 3 4 Close right to left, stomp left to left, tap right next to left
- 5 – 8 Turn ¼ to right and step forward on right, turn ½ right and step back on left, turn ½ right and step forward on right, turn ¼ right and step left to left

Rock back, recover, rock forward, recover, behind, side, cross shuffle

- 1 – 4 Rock right behind left, recover onto left, rock diagonally forward on right, recover onto left
- 5 – 6 Cross right behind left, step left to left
- 7&8 Cross right over left, step left to left on ball of foot, cross right over left

Side, recover, sailor ¼ turn left, step, ½ pivot left, walk, walk

- 1 – 2 Rock left to left, recover onto right
- 3&4 Cross left behind right, turn ¼ left stepping onto right, step left in place
- 5 – 6 Step forward on right, pivot ½ left transferring weight to left
- 7 – 8 Walk forward on right, walk forward on left

Tag end of wall 1 (3 0'clock), wall 4 (9 0'clock), wall 6 dance the tag TWICE (3 0'clock)

1&2 Stomp right across left, recover onto left, step right to right

3&4 Stomp left across right, recover onto right, step left to left

5&6 Stomp right across left, recover onto left, step right to right

7- 8 Stomp left next to right, hold and clap hands

***Restart during wall 3 : dance the first 32 counts replacing the tap (32) with stomp left next to right with weight (6 0'clock)**
