拍數： 32
墻數： 4
級數：Beginner－mambo
編舞者：Sebastiaan Holtland（NL）－July 2012
音樂：Kaboemielies－David Fourie ：（CD：Die Eerste Dekade 2011 －iTunes）


Start dancing at（14 sec）．
［1－8］Step，Big Step Side，Together， $2 x$ Jumps Side，Jump Both Feet Apart，Fwd Mambo， $1 / 4$ L，Side，Lock Step Fwd．

1－2\＆
3\＆4

5\＆6
7\＆8
［9－16］Diagonal Hip Bumps Fwd，Kick \＆Point，Heel Touch Fwd，Point，Sailor 1／4 R．
$1 \& 2 \quad$ Touch R toe diagonal forward bumping hips forward，hips back to centre，bumping hips forward．
3\＆4 Kick Rf forward，step Rf back in place，point Lf out to left．
5－6 Point Lf forward，point Lf out to left．
7\＆8
［17－24］Syncopated Hip Bumps R－L－R，Syncopated Hip Bumps L－R－L，Side，Together，R Chasse $1 / 4$ R．
Step Rf to the right bump $R$ hip to right，bump $L$ hip to left，bump $R$ hip to right．
Step $L f$ to the left bump $L$ hip to left，bump $R$ hip to right，bump $L$ hip to left．
Step Rf to right，step Lf next to Rf．
Step Rf to the right，step Lf next to Rf，turn $1 / 4$ right（9）step Rf forward．
［25－32］Fwd Rock，Recover，Side Rock，Recover， $1 / 2$ Triple L， $1 ⁄ 2$ Pivot L，Runs Fwd R－L－R，Heel．
1\＆2\＆Rock Lf forward，recover on Rf，rock Lf to the left，recover on Rf．
$3 \& 4 \quad$ Triple $1 / 2$ left（3）step Lf slightly forward，step Rf beside Lf，step Lf slightly forward weight onto Lf．
5－6 Step Rf forward，turn $1 / 2$ left（9）taking weight onto Lf．
7\＆8
Step Rfforward，step Lf forward，bring $R$ heel forward weight onto Lf．（9：00）

Start again and have fun！
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