

Time Bomb

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Dan Albro (USA) - September 2012
音樂: Time Bomb - Jason Sturgeon



Intro: 40 count intro

[1-8] BUMP, BUMP, HEEL, &, HEEL, &, BUMP, BUMP, HEEL, &, HEEL, &

- 1,2 Step side R and bump hips right, bump hips right pushing weight on R
- 3&4& Touch L heel fwd, step L next to R, touch R heel fwd, step R next to L
- 5,6 Step side L bump and bump hips left, bump hips left pushing weight on L
- 7&8& Touch R heel fwd, step R next to L, touch L heel fwd, step L next to R

[9-16] SHUFFLE FWD, ROCK, REPLACE, ½ TURN SHUFFLE, CROSS UNWIND ½ TURN

- 1&2 Step fwd R, step fwd L next to R, step fwd R
- 3,4 Rock fwd on L, replace weight on R
- 5&6 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L 6 o'clock
- 7,8 Cross R over L, unwind ½ turn left pushing weight fwd on L 12 o'clock

[17-24] SWIVEL BACK, STEP, ½ TURN, STEP FWD, SHUFFLE SIDE, CROSS ROCK, REPLACE

- 1,2 Pivot ½ turn right on L (weight fwd on R), step fwd L 6 o'clock
- 3,4 Pivot ½ turn right on L (weight fwd on R), step fwd L 12 o'clock
- 5&6 Step side R, step L next to R, step side R (shoulders at slight angle to the right)
- 7,8 Cross rock L over R, replace weight on R

[25-32] SIDE SHUFFLE, SYNCOPATED WEAVE, ROCK, REPLACE ¼ TURN, STOMP

- 1&2 Step side L, step R next to L, step side L
- 3&4& Cross R over L, step side L, cross R behind L, step side L
- 5,6 Cross R over L, replace weight on L
- 7,8 ¼ turn right stepping fwd R, stomp L next to R (clapping hands) 3 o'clock

Encore

Music: jasonsturgeonmusic.com
Contact: mishnockbarn.com