

No Smoke

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Ingrid Kan (TW) - July 2012
音樂: No Smoke - Michelle Lawson

級數: Easy Intermediate



Intro: after 23 Sec

[1-8] Sailor 1/4 Turn, Hold & Step, Step, Pivot 1/4, Step, Touch

- 1 & 2 Turn 1/4 right stepping right back. Step left to side. Step right forward. (3:00)
- &3 - 4 Hold. Step left beside right. Step right forward.
- 5 - 6 Step left forward. Pivot 1/4 turn right.
- 7 - 8 Step left forward. Touch right beside left.

[9-16] Side Shuffle Step R, Rock Back, Recover, Side Shuffle Step L, Rock Back, Recover

- 1 & 2 Step R foot to R side, Step together with L, Step R foot to R side
- 3 - 4 Rock back with L foot, Recover weight forward to R foot
- 5 & 6 Step L foot to L side, Step together with R, Step L foot to L side
- 7 - 8 Rock back with R foot, Recover weight forward to L foot

On Wall 11 Restart (dance 16 count)

[17-24] Step Right, Together, Side Shuffle, Keep Ball Cross, L Shuffle turn L 1/4

- 1 - 2 Step R out to Right side. Step L next to R.
- 3 & 4 step R, Step L next to Left ,step R
- 5 & 6 L Keep up. Step down on ball of L. Cross step R over L.
- 7 & 8 ¼ Turn left & step L forward, R close to L, L step forward

[25-32] Pivot ½ L x2, Jazz Box

- 1 - 4 R Step turn to L 1/2 (Twice)
- 5 - 8 Step R across L, Step L back, Step R to R side, Step L together

Have Fun!!!
