Let Your Redneck Out



拍數: 48 牆數: 4 級數: Beginner

編舞者: Kathy Hunyadi (USA) - August 2012

音樂: Let Your Redneck Out - Ryan Broshear: (iTunes)



I want to thank Ryan Broshear for allowing me to choreograph to another of his songs. Good Luck Ryan!

Start after 16 count intro. Weight is on L foot.

[1-8] CROSS ROCK, RECOVER, SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE

1,2 Cross rock R in front of L, Recover weight to L

3&4 Shuffle in place R, L, R

5,6 Cross rock L in front of R, Recover weight to R

7&8 Shuffle in place L, R, L

[9-16] WALK, WALK, SHUFFLE, STEP 1/2 PIVOT, SHUFFLE

1,2 Walk forward R, L3&4 Shuffle forward R, L, R

5,6 Step forward on L, Turn 1/2 right, Step R in place

7&8 Shuffle forward L R, L

[17-24] SIDE ROCK, CROSS SHUFFLE, STEP BACK 1/4 TURN, STEP SIDE 1/4 TURN, CROSS SHUFFLE

1,2 Rock to side on R, Recover weight to L

3&4 Cross step R over L, Step to left on ball of L, Cross step R over L

5,6 Step back on L turning 1/4 right, Turn another 1/4 right stepping R to side

7&8 Cross step L over R, Step right on ball of R, Cross step L over R

[25-32] ROCK FORWARD, RECOVER, WEAVE, ROCK FORWARD, RECOVER, WEAVE

1,2 Rock R forward on the diagonal (1:00), Recover weight to L
3&4 Step R behind L, Step L to side, Cross step R over L
5,6 Rock L forward diagonally (11:00), Recover weight to R

7&8 Step L behind R, Step R to side, Step L next to R

[33-40] WALK, WALK, SHUFFLE, ROCK, RECOVER, RIGHT 3/4 TURN, SHUFFLE

1,2 Walk forward R, L3&4 Shuffle forward R, L, R

5,6 Rock forward on L, Recover weight to R while starting 3/4 turn left

7&8 Complete 3/4 turn left and Shuffle in place L, R, L

[40-48] ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP

1,2 Rock forward R, Recover weight to L

3&4 Step back on R, Step L together with R, Step R forward

5,6 Rock forward L, Recover weight to R

7&8 Step back on L, Step R together with L, Step L forward

NOTE: After the first time through only – Stomp R foot, Stomp L foot, then start dance from beginning. The music does not phrase all the way through but you will get back on track eventually! Have fun with it.

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