Lisa's Dance

拍數: 32

級數: Beginner / Improver

編舞者: Kim Costello (USA) - August 2012

音樂: Here for a Good Time - George Strait

(Start on vocals - about 16 seconds in)

Section 1. Lindy steps

- 1 4 Right shuffle to the right, rock back on Left, recover to Right
- 5 8 Left Shuffle to the left, rock back on Right, recover to Left

Section 2. Two ¼ pivots to left, right jazz box

- 1 4 Step forward on Right, pivot ¼ to left; repeat pattern
- 5 8 Cross Right over Left, step Left back, step Right next to Left, step Left forward

Section 3. Side touch, drop heel; rock back, return. (Repeat on other foot)

- 1-4 Touch Right toe to side, drop heel; rock Left behind Right, recover to Right
- 5 8 Touch Left toe to side, drop heel; rock Right behind Left, recover to Left

Section 4. Rocking chair; heel switches and a clap

- 1-4 Rock forward on Right; recover on Left; rock back on Right; recover on Left
- 5 8 Tap heels forward: Right, then Left, then Right; Clap.

Start again, no tags or restarts





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牆數:2