

Blow Me One Last Kiss

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Matthew Grocott (UK) - August 2012
音樂: Blow Me (One Last Kiss) - P!nk



Start On Vocals:

S1: L Side Rock, Recover, L Cross Shuffle, R Side Rock, Recover, R Cross Shuffle.

1-2 Rock left to left side, Recover on right
3&4 Cross left over right, Step right to right side, Cross left over right,
5-6 Rock right to right side, Recover on left,
7&8 Cross right over left, Step left to left side, Cross right over left,

S2: L Side behind, L ¼ Step, L ½ Turn, Step, Hold, R ½ Turn, R ½ Shuffle Turn,

1-2 Step left to left side, Step right behind left,
3 Making ¼ turn to left stepping forward on left,
4 Step forward on right making ½ turn left,
5 Step forward on right,
& Hold,
6 Step back on left making ½ turn to right,
7&8 Making ½ turn shuffle to right stepping right, left, right,

S3: Rock, Recover, L Coaster Step, Kick-Ball-Cross, L Full Turn

1-2 Rock forward on left, Recover back on right,
3&4 Step back on left, Step right next to left, Step forward on left,
5&6 Kick right to right diagonal, Step ball right next to left, Cross left over right,
7-8 ½ Turn left stepping back on right, ½ Turn left stepping forward on left,

S4: R Shuffle Forward, L Shuffle Forward, R Jazz box, Step, Hold,

1&2 Step forward on right, Step left next to right, Step forward on right,
3&4 Step forward on left, Step right next to left, Step forward on left,
5&6 Cross right over left, Step back on left, Step right to right side,
7 Step forward on left,
8 Hold,

S5: L ½ Turn, L Full Turn, R Mambo Step, L Heel Cross, L Side Shuffle,

1 Step forward on right making ½ turn left,
2-3 ½ Turn left stepping back on right, ½ Turn left stepping forward on left,
4&5 Rock forward on right, Recover back on left, Step back on right,
6&7 Touch left heel diagonal forward, Step left next to right, Cross right over left,
8&1 Step left to left side, Step right next to left, Step left to left side,

S6: Rock, Recover, R Heel Cross, R Side Shuffle, Rock, Recover,

2-3 Rock back on right, Recover forward on left,
4&5 Touch right heel diagonal forward, Step right next to left, Cross left over right,
6&7 Step right to right side, Step left next to right, Step right to right side,
8& Rock back on left, Recover forward on right,

Start Dance Again: Good luck

Restart 1: After 37 Counts you will end up on wall 4 Start Dance Again.

