

編舞者: Moni Hartmann (DE) - August 2012

音樂: The Wind - Zac Brown Band



Start with lyrics

ı	1 – 8	I STEP.	STEP.	SHUFFLE R	. LF ROCK	FORWARD.	L COASTER STEP

1.2	RF step forward.	I E sten forward
I.Z	KE Step forward.	LE SIED IOIWAID

3 & 4 RF step forward, LF close to RF , RF step forward

5,6 LF step forward, lift RF, weight back on LF

7 & 8 LF step back, RF close to LF , LF step forward

[9 - 16] RF FORWARD, ½ TURN LEFT, SHUFFLE R, LF ROCK FORWARD, COASTER STEP L

1,2 RF step forward, ½ turn left on both feet

3 & 4 RF step forward, LF close to RF, RF step forward

(in 4. round shuffle left and Restart – LF step forward, RF close to LF, LF step forward and restart)

5,6 LF step forward, lift RF, weight back on LF7 & 8 LF step back, RF close to LF, LF step forward

[17 - 24] RF BEHIND LF, 1/2 TURN R, SHUFFLE SIDE R, LF CROSS RF; SHUFFLE SIDE L

1,2 RF-toe behind LF, ½ turn right on both feet
3 & 4 RF step right, LF aclose to RF, RF step right
5,6 LF cross in front of RF, lift RF, weight back on RF

7 & 8 LF step left, RF close to LF, LF step left

in 2nd and 6th. rounds - Restart

[25 - 32] SAILOR STEP R, SAILOR STEP L, RF BEHIND LF, ½ TURN R, KICKBALL R, HEEL L

1 & 2 RF cross behind LF, LF small step left, RF small step right LF cross behind RF, RF small step right, LF small step left RF-toe behind LF, ½ turn right on both feet, weight on LF

in 9th round - Restart

7 & 8 RF kick forward, RF close to LF and left heel touch in front

With a little jump, the dance starts again