Jump!



編舞者: Craig Bennett (UK) - August 2012

音樂: Jump (Radio Edit) - The Cube Guys & Luciana: (Album: Clubland 21)



[1-8] Rock back recover, Right shuffle, Cross 1/4, Side shuffle

1-2	Rock back	anta right	Doggvor	forward	anta laft
1-2	ROCK DACK	onto nant.	Recover	iorward	onto terr

Step right forward, Step left next to right, Step forward on to right
Cross left over right, Step back on right making 1/4 turn left
Step left to left side, Step right next to left, Step left to left side

[9-16] Mambo Cross Rocks, 1/4 Turn Right, Step 3/4 Pivot, Chasse Right.

1&2& Cross rock right over left. Rock back onto left, Rock right to right side. Rock onto left in place.

3-4 Cross rock right over left. Rock back onto left.

5&6 Step right 1/4 turn right. Step forward left. Make 3/4 turn right (weight ends on left).

7&8 Step right to right side. Close left beside right. Step right to right side

[17-24] Cross 1/4, Shuffle back, Rock, Flick, Shuffle forward

1-2	Cross left over right, Make 1/4 turn left stepping back onto right
3&4	Step back on left, Step right next to left, Step back onto left

Rock back onto right, Recover forward onto left (Flick right as you recover)
Step forward onto right, Step left next to right, Step forward onto right

[25-32] Cross point, Cross point, Cross back, And cross side

1-2	Cross left over right, Point right to right side
3-4	Cross right over left, Point left to left side
5-6	Cross left over right, Step back onto right

&7-8 Step left to left side, Cross right over left, Step left to left side

Note: Easy option for section 2

[9-16] Cross rock, Side rock, Cross rock, Side shuffle

1-2	Cross rock right over left, Recover onto left
3-4	Rock right to right side, Recover to left
5-6	Cross rock right over left, Recover onto left

7&8 Step right to right side, Step left next to right, Step right to right side