Meet Me In The Islands



拍數: 32 牆數: 4 級數: Beginner Plus

編舞者: Felicia Harris Jones (USA) - September 2012

音樂: Island Song - Zac Brown Band: (Album: Uncaged)



Left Rhumba Box, Hold, Right Forward Mambo, Hold

1,2,3,4 Step Left to side, Step Right Together, Step Left Forward, Hold 5,6,7,8 Rock Right forward, Recover to Left, Step Right Together, Hold

Left Back Mambo, Hold, Right Rhumba Box, Hold

1,2,3,4 Rock Left back, Recover to Right, Step Left Together, Hold 5,6,7,8 Step Right to side, Step Left Together, Step Right Back, Hold

Side Together, Side, Hold, Cross Rock, 1/4 Turn, Hold

1,2,3,4 Step Left to side, Step Right next to Left, Step Left to Side, Hold

5,6,7,8 Cross Rock Right over Left, Recover to Left, ¼ turn Right stepping Right Forward, Hold

Walk Forward, Hold, Walk Forward, Hold

1,2,3,4 Walk Forward – Left, Right, Left, Hold 5,6,7,8 Walk Forward- Right, Left, Right, Hold

*Put some action in those hips as you walk!

Repeat ... Smile and Have Fun!

Contact: Felicia@jonesfamilies.com

My Boots are Liberated! These Boots Were made For Dancing! Liberate Your Boots!