Both Sides Now



拍數: 32 編數: 4 級數: Easy Intermediate

編舞者: Francien Sittrop (NL) - August 2012

音樂: Both Sides Now - Carly Rae Jepsen: (Album: Curiosity)



Intro: Start after 19 sec., 40 count right from the beginning of the song

[1 – 9] Side, Cross Rock Recover, Chasse R, Cross Side , Sailor Step				
1 – 3	Step L to L side, Rock R across L, Recover on L			
4 & 5	Step R to R side, Step L next to R, Step R to R side			
6 – 7	Step L across R, Step R to R side			
8 & 1	Sweep L behind R, Step R to R side**R** Wall 4 , Step L to L side (12.00)			
[10-17] ¼ Turn L step Side, Touch. Kick Ball Cross, Hip Sways, Chasse L				
2 – 3	1/4 Turn L Step R to R side, Touch L next to R (Dip knees when you touch and raise when you do the kick Ball Cross (4&5)) (09.00)			
4 & 5	Kick L fwd, Step L next to R, Step R across L			
6 – 7	Step L to L side with hips sways, Sway Hip R			
8 & 1	Step L to L side, Step R next to L**R**Wall 2 & 11, Step L to L side			
[18-25] Hold, Together , Side, Sailor Cross ½ Turn R, Rolling Vine L into Chasse				
2 & 3	Hold , Step R next L , Step L to L side			
4 & 5	Step R behind L with ½ Turn R , Step L next to R , Step R across L (03.00)			
6 – 7	1/4 Turn L step L Fwd, 1/2 Turn L step R Back			
8 & 1	1/4 L Step L to L side, Step R next to L , Step L to L side (03.00)			
[26-32] Cross Back, Chasse R., Cross Bock Becover, Sailor Sten				

[26-32] Cross Back, Chasse R , Cross Rock Recover, Sailor Step

2 - 3	Step R across	l Ston	l hack
2 - 3	Step it across	L. SIED	L Dack

4 & 5 Step R to R side Step L next to R, Step R to R side

6 – 7 Rock L across R, Recover on R

8 & 1 Sweep L behind R , Step R next to L , Step L to L side

(1 is first Count of the dance again)

Restarts: During walls 2 & 11

After count 16 Start again with count 1

Restart : During wall 4

After count 8& then start again with count 1

Ending:

The music slows down at the end of the song. Do the whole wall until count 31. Then make the last Sailor Step with a ½ turn L to face the front wall again.

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