

Magalenha Line

COPPER KNOB
STEPPERS

拍數: 76 牆數: 0
編舞者: Shirley Chan (MY) - July 2012
音樂: Magalenha by Sergio Mendez

級數: Phrased Intermediate / Advanced



Count: Introduction - 20 counts, Part A - 32 counts, Part B - 24 Counts, Tag - 4 counts
Sequence: Introduction, A, A, A, B, B, A(tag), A, A, A

Dance starts with introduction steps on heavy drum beat.

INTRODUCTION

Repeat 4 sets Of ¼ Left Turn, Step On Right, Step On Left - With Hips Shake (Back to front wall)

- 1 & 2 ¼ left turn with hips shake, step right to right side, step left to left side (9 o'clock)
- 3 & 4 ¼ left turn with hips shake, step right to right side, step left to left side (6 o'clock)
- 5 & 6 ¼ left turn with hips shake, step right to right side, step left to left side (9 o'clock)
- 7 & 8 ¼ left turn with hips shake, step right to right side, step left to left side (12 o'clock)

Shoulder Pop Right, Left, Right, Left, Feet Step Together, Step Apart, Step Together, Step Apart

- 1-2-3-4 Right shoulder pop to the right, left, right and left
- 5-6 Step feet together, Step feet apart with knee slightly bent outwards
- 7-8 Step feet together, Step feet apart with knee slightly bent outwards

Right Cross Over Left, Kick, Coaster Step

- 1-2 Cross right over left, weight on right, kick on left to diagonal left
- 3 & 4 Cross left over right, step back on right, left together with right

PART A (32 counts)

Rocking Chair

- 1 & 2 & Rock right forward and backward, with a slight turn (about 1/8th)to right
- 3 & 4 & Rock right forward and backward, with a slight turn (about 1/8th) to right
- 5 & 6 & Rock right forward and backward, with a slight turn (about 1/8th) to right
- 7 & 8 & Rock right forward and backward (ending at 6 o'clock- ½ turn), weight on left

Botafogas, Coaster Step, Shoulder Shimmy

- 1 a 2 Cross right over left, step ball of left to left side, step right foot in place
- 3 a 4 Cross left over right, step ball of right to right side, step left foot in place
- 5 a 6 Step back on right, bring left foot together right, step right forward
- 7 a 8 Step left to left, transfer weight to left with shoulder shimmy

Samba Whisks, Right Foot Forward, Change Weight, Coaster Step, Forward Body Roll

- 1 a 2 Right to right side, left cross behind right, with part weight right foot in place
- 3 a 4 Left to left side, right cross behind left, with part weight left foot in place
- 5 & 6 Right forward, left together right, change weight to left, right step back
- & 7, 8 Left together right, right forward (you may want do a forward body roll), touch left together right

¼ Left Sailor Turn, Right to Right, Left to Left, Tap Heels With Hips Bounce

- 1 & 2 Cross left behind right, step right to right side, step left to left side with a ¼ turn to left
- 3 – 4 You are now at 3 o'clock. Step right to right, step left to left
- 5 – 6 With tap heels, sway hips to right then to the left
- 7 & 8 Tap Heels and bounce hips to left, back and right

PART B (24 counts)

Weave, Two ¼ Left Turn With Hip Rolls

- 1 a 2 a Cross left behind right, right together left, cross left in front right, right together left
- 3 a 4 Cross left behind right, right together left, cross left in front right
- 5-6-7-8 Weight on left, step right to right do a ¼ left turn with a hip roll, step right to right do another ¼ turn left turn with a hip roll

Samba Walk – Right, Left, Right, Left

- 1 hold 2 Step right forward, slight weight in front
- 3 hold 4 Step left forward, slight weight in front
- 5 hold 6 Step right forward, slight weight in front
- 7 hold 8 Step left forward, slight weight in front

Transfer Weight To Left & Right with Shimmy, Body Ripple

- 1 & 2 Step right to right, transfer weight to right with shimmy
- 3 & 4 Step left to left, transfer weight to left with shimmy
- 5 – 6 Step right to right (slightly right diagonal), weight on left, and body rippled down (chest roll up, follow by torso and sitting position)
- 7 – 8 Reverse rippled up, weight still on left (still at sitting position roll torso up, follow by chest, body back to standing position)

*****Start Again, Have Fun!*****

Tag : Done at end of the first Part A, after you have done the two times of Part B, facing 12 o'clock.

- 1-4 Shoulder pop to right, left, right left
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