

# You Alone

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Christina May (UK) - September 2012  
音樂: Alone Again (Original Mix) (feat. Jump Smokers) - Alyssa Reid



Intro 32 counts – after 'This one's for you girl'

**[1-8&] LNC BASIC, ¼ R, ¾ PIVOT R, SIDE L, BEHIND SIDE CROSS ROCK R, BALL SIDE R**

1-2&      Step L to left side, rock back R recover weight to left  
3-4&      Turn ¼ right stepping forward on R, step forward on L, pivot ¾ right  
5-6&      Step L to left side, R behind L, L to left side  
7-8&      Cross rock R over L, recover, R to right side

**[9-16] WALK L R, STEP ½ TURN, PIVOT ½ TURN BACK, ROCK REC BALL STEP, WALK L R**

1-2      Walk forward L R  
3&4      Step forward L ½ turn right, ½ turn right stepping back on L  
5-6&      Rock back R, recover, ball step R  
7-8      Walk forward L R

**\*RESTART – WALL 2 (3 o'clock) & WALL 5 (9 o'clock)**

**[17-24] L SYNC ROCK, ½ TURN L, R SYNC ROCK ¼ R, STEP PIVOT ½ R, FULL TURN R**

1-2&      L syncopated rock forward, recover, turn ½ left stepping forward on L  
3-4&      R syncopated rock forward, recover, turn ¼ right stepping forward on R  
5-6      Step forward L, pivot ½ turn right  
7&8      Step ½ back on L, turn ½ right stepping forward on R, step forward L

**[25-32] SYNC ROCKS FORWARD & BACK, SIDE ROCK, CROSS FULL UNWIND.**

1-2&      Rock forward R, recover, ball step back on R  
3-4      Rock back L, recover  
5-6      Rock L to left side, recover on R (with sways for styling)  
7-8      Cross L over R unwind full turn right (weight ends on R)

**TAG: Danced once at the end of Wall 7 (facing 3 o'clock)**

**[1-8] L NC BASIC, R NC BASIC, SIDE ROCK L, BACK ROCK L**

1-2&      Step L to left side, rock back R recover weight to left  
3-4&      Step R to right side, rock back L recover weight to right  
5-6      Side rock L, recover  
7-8      Back rock R, recover

**RESTARTS: Both occur after count 16 on Wall 2 (3 o'clock) and Wall 5 (9 o'clock)**

**Ending: The track ends on counts 7-8& - Cross L over R make ½ turn right to face front wall.**

**Last Update: 15 Nov 2022**