Poster Girl

拍數: 64

級數: High Intermediate

編舞者: Jo Rosenblatt (AUS) - September 2012

音樂: Poster Girl - Beccy Cole

(for Leah and Jeska - her Poster Girl)

Start: 16 count Introduction

Rocking Chair with Body Turn, Fwd Rock, Recover, Coaster

1 - 4 Rock forward on R, Recover back onto L, Rock back onto R, Recover onto L (Let your hands follow your feet on the Rocking Chair, and as you rock back onto R, turn your body to face 3 o'clock and float your hands to the back wall.)

5 6 7&8 Rock forward on R, Recover onto L, Step R back, Step L beside R, Step R forward(12)

Rocking Chair with Body Turn, Fwd Rock, Recover, Coaster

1 - 4 Rock forward on L, Recover back onto R, Rock back onto L, Recover onto R to face fwd (Let your hands follow your feet on the Rocking Chair, and as you rock back onto L, turn your body to face 9 o'clock and float your hands to the back wall.)

5 6 7&8 Rock forward on L, Recover onto R, Step L back, Step R beside L, Step L forward(12)

Cross, Sweep, Cross, Sweep, Cross, Back, Side, Together, Cross

- 1 2 Step R forward slightly across left, Sweep L out to left side
- 3 4 Step L slightly forward across right, Sweep R out to right side ##
- 5 6 7&8 Cross R over left, Step L back, Step R to right, Step L beside right, Cross R over left(12)

Rock, ¼ turn Shuffle, Sweep, Cross, Step, Behind, Side, Cross

1 2&3 4 Rock back onto L, Turning 90? right Shuffle forward RLR, Sweep L over right (3)

5 6 7&8 Cross L over right, Step R to right, Step L behind right, Step R to right, Cross L over right

Side Rock, Sailor Step, Sailor Step, Back Rock

- 1 2 3&4 Rock out onto R, Recover onto L, Step R behind left, Step L next to right, Step R to right
- 5&6& Step L behind right, Step R next to left, Step L to left, Step R beside left
- 7 8 Rock R back behind left, Recover onto L (3)

Side Rock, Recover, Cross, Hold, & Cross, Hold, & Cross, ¼ Step Back

- 1 4 Rock R to right, Recover onto L, Cross R over L, Hold.
- &5 6 Step L to left, Cross R over left, Hold
- &7 8 Step L to left, Cross R over left, Turning 90? right Step L back (6)

Rock Back, Recover, ¾ turn, Cross, ¾ turn, Step Fwd

- 1 2 Rock back on R, Recover onto L
- 3 4 Turning ¹/₂ to left step back on R, Turning ¹/₄ to left step L to left **** (9)
- 5 6 Cross R over L, Turn ¼ to right step L back
- 7 8 Turn ¹/₂ to right step R forward, Step L forward (6)

Forward Rock & Forward Rock, Back, Lock, Back, Back, Recover

1 2&3 4Rock forward on R, Recover on L, Step R beside left, Rock forward on L, Recover on R5&6 7 8Step Back on L, Lock R over L, Step back on L, Rock Back on R, Recover onto L (6)

RESTARTS:-

**** Walls 1 and Wall 3: Restart after Count 52 at 9 o'clock and 12 o'clock respectively ## Wall 5: After Count 20 while facing the back wall the music stops for about 2 counts and then you... Restart the dance on the back wall on "I shook hands ..."





牆數:4

FINISH: The dance finishes at the front wall – Step Count 16 forward and drag right to tuck behind the left.