7&8



拍數: 32 編數: 4 級數: Intermediate

編舞者: John Dembiec (USA) - September 2012

音樂: Like Water - Ladi6



16 count intro, Start on lyrics

[1-8] 1/4 PRESS, 3/4 SPRIAL, SHUFFLE, DIAGONAL STEPS, LOCKING STEPS		
1-2	Making ¼ turn R Press R, Keeping weight on R Spiral turn ¾ to L	
3&4	Shuffle forward L, R, L	
5-6	Step R diagonal forward to R, Step L diagonal forward to L	

[9-16] STEPS, CROSSING ½ TURN, STEP, ½ TURN SWEEP, WEAVE

Cross R over L, Step L back, Cross R over L

1-2	Step L back, Step R to R
3&4	Step L forward, Making 1/4 turn R Step R over L, Making 1/4 turn R Step L back
5-6	Step R next to L, Step L forward
7-8&	Making ½ turn R Sweep R front to back, Step R behind L, Step L to L

[17-24] CROSS, 1/4 PRESS, 1/2 TURN(X2), SWEEPS BACKWARD(X3), 1/4 SIT

[= .]	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
1-2	Cross R over L, Making ¼ turn L Press L forward
3-4	Making ½ turn R Step onto R, Making ½ turn R Step back onto L
5-6	Sweep R front to back stepping onto R, Sweep L front to back stepping onto L
7	Sweep R front to back stepping onto R
8	Keeping feet in place, turn upper body ¼ turn to R and "sit" back onto R leg

125-321 STAND BACK UP. 1/4 HITCH, JAZZ BOX, 1/4 JAZZ BOX, SHOULDER POPS

[20-02] OTARD BACK OF, 74 FILLOTT, 0722 BOX, 74 0722 BOX, OHOOLBERT OF O		
1	Turn upper body back forward ¼ turn with weight back to L	
2	Making ¼ turn L Hitch R knee up	
3&4	Cross R over L, Step L back, Step R to R	
5&6	Cross L over R, Making ¼ turn L Step R back, Step L to L	
7-8	Pop R shoulder to R with weight to R, Pop L shoulder L with weight to L	

Repeat And Have Fun !!!!

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