Shine Bright

拍數: 32

級數: Intermediate

編舞者: Sabine Najda - October 2012

音樂: Diamonds - Rihanna

Step, Shuffle 1/2 Turn, 1/4 Turn, Step, Shuffle, Step

RF step forward

- 2&3 LF step left with ¼ turn right, step RF to LF, LF step back with ¼ turn right
- 4-5 RF step forward with ¼ turn right, LF step forward
- 6&7 RF step forward, step LF to RF, RF step forward
- 8 LF step forward

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Cross, Back, Side, Cross, ¼ Turn, ¼ Turn, Shuffle, Step

- 1 cross RF over LF
- 2&3 LF step back, RF step right, cross LF over RF
- 4-5 RF step back with ¼ turn left, LF step forward with ¼ turn left
- 6&7 RF step forward, step LF to RF, RF step forward
- 8 LF step forward
- Restart in walls 6 and 9

Full Turn, Chassé, Cross, 1/2 Turn, Coaster Step

- 1-2 RF step back with ½ turn left, LF step forward with ½ turn left
- 3&4 RF step right, step LF to RF, RF step right
- 5-6 cross LF over RF, ½ turn right
- 7&8 RF step back, step LF to RF, RF step forward

Walks, Step, 1/2 Turn, Shuffle, Walks

- 1-2 LF step forward, RF step forward
- 3-4 LF step forward, 1/2 turn right on balls
- 5&6 LF step forward, step RF to LF, LF step forward
- 7-8 RF step forward, LF step forward

Option: Full Turn

RF step back with ½ turn left, LF step forward with ½ turn left





牆數:4