The Dublin Reel

級數: Improver

編舞者: Pat Stott (UK) - September 2012

音樂: Queenstown Reels - Puca : (CD: Puca & friends - www.essentialirish.com)

Commence after 16 beats

Section 1: Toe, heel, hook, lock step forward, toe heel, hook, lock step forward

- 1 2 Tap right toe next to left with knee turned in, tap right heel with knee turned out
- & Hook right foot in front of left with toe pointed down
- 3&4 Step small step forward on right, lock left behind right, small step forward on right
- 5 6 Tap left toe next to right with knee turned in, tap left heel with knee turned out
- & Hook left foot in front of right with toe pointed down
- 7&8 Small step forward on left, lock right behind left, small step forward on left

Section 2: To right side : Side, behind, side, behind, side, behind, side, toe, heel, toe, swivel, swivel

- 1&2&3&4 Step right to right, cross left behind, step right to right, cross left behind, step right to right, cross left behind, step right to right
- 567&8 Tap left toe next to right with toe turned in, tap left heel with toe Turned out, touch left toe slightly forward with toe turned in (almost on the tip of the toe), swivel the left heel in then out

Section 3: To left side : Side, behind, side, behind, side, behind, side, toe, heel, toe, swivel, swivel

- 1&2&3&4 Step left to left, cross right behind left, left to left, cross right behind left, left to left, cross right behind left, left to left
- 567&8 Tap right toe next to left with toe turned in, tap right heel with toe Turned out, touch right toe slightly forward with toe turned in (almost on the top of the toe), swivel right the right heel in then out

Section 4: Hook, 4 shuffles turning 3/4 right

- &1&2,3&4 Hook right in front of left (with toe pointing down), start turning right with a right shuffle forward and left shuffle forward
- 5&6,7&8 Complete the 3/4 turn right with a right shuffle forward and left shuffle forward

Section 5: Mambo forward, coaster step, 1/2 pivot, walk, clap, walk, clap

- 1&2 Rock forward on right, recover onto left, step back on right
- 3&4 Step back on left, close right to left , step forward on left
- 5-6 Step forward on right, 1/2 pivot left transferring weight to left
- 7&8& Walk forward on right, clap hands, walk forward on left, clap hands

Section 6: Mambo forward, coaster step, stomp right foot forward, stomp left behind, swivel heels - out, in, out

- 1&2 Rock forward on right, recover onto left, step back on right
- 3&4 Step back on left, close right to left, step forward on left
- 5,6 Stomp right foot forward, stomp left foot at the back of the right
- 7&8 Swivel both heels out, in, out (end with weight on left)

Choreographers note: for styling

When dancing sections 2 & 3 : keep the steps small because of the speed and they are danced on the balls of the feet (step 4 is a normal side step)

When dancing the mambos and the shuffles commence with a toe lead

Ending: you will have danced section 4 (shuffles) and you will be facing 9 o'clock, turn to the front and stomp the right foot forward and across the left for a big finish!





拍數: 48

牆數:4