Blow Me... One Last Kiss



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Robert Hahn (DE) - October 2012 音樂: Blow Me (One Last Kiss) - P!nk



Intro: 16 Counts, start on lead vocals

Note: The Dance is dedicated to my friend and favorite DJ Frank

Thank you for your little help!

[1-8] Kick Ball Step, Walks Forward, 3/4 Sailor Turn Right, Rock Step

1&2 Kick right forward, step right next to left, step left forward

3-4 Step right forward, step left forward

5&6 Make a ¾ turn right and step right behind left, step left to left side, step right forward

7-8 Step left forward, recover onto right

[9-16] 1/4 Turn Left, Hip Bumps, 1/4 Turn Left Shuffle Forward, 1/2 Step Turn Left, Step, Start Full Turn Right

1-2 Make a ¼ turn left step left to left side and bump hips to the left, bump hips to the right

3&4 Make a ¼ turn left and step left forward, step right together, step left forward

5-6 Step right forward, make a ½ turn left (weight onto left)

7-8 Step right forward, make a ½ turn right and step left back

[17-24] Complete Full Turn Right, Rock Step, Step Back, Shuffle Back, ½ Turn & ¼ Turn Left

Make a ½ turn right step right forward
 Step left forward, recover onto right

4 Step left back

5&6 Step right back, step left together, step right back

7-8 Make a ½ turn left and step left forward, make a ¼ turn left and step right to right side

[25-32] Sailor Step, ¼ Sailor Turn Right, ½ Step Turn Right, Shuffle Forward

1&2 Step left behind right, step right to right side, step left to left side

3&4 Step right behind left, make a ¼ turn right and step left to left side, step right slightly forward

5-6 Step left forward, make a ½ turn right (weight onto right)
7&8 Step left forward, step right together, step left forward

Start again

TAG: After the 4th wall, dance the following steps then Restart the dance

[1-8] Step Out-Out-Back-Together, ½ Step Turn Left (2x)

1-2 Step right out to right side, step left out to left side

3-4 Step right back, step left together

5-6 Step right forward, make a ½ turn left (weight onto left)
7-8 Step right forward, make a ½ turn left (weight onto left)