Fallin' For You



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Michael Barr (USA) - November 2012

音樂: Fallin' for You - Heather Headley: (CD: This Is Who I Am)



Lead: 16 count., BPM: 108, Length: 3:02

- 1	1 - 8	I WALK	. WALK.	. SIDE BALL	CHANGE.	CROSS -	SIDE. '	1/2 TURN R,	CROSS.	BACK, S	IDE

1. 2 Walk forward R. L

&3, 4 (&) Rock/Step ball of R side right; (3) Return weight to L in place; (4) Step R forward in front

of L

5, 6 Step L side left; Turn 1/2 right stepping R side right 6:00

7&8 Cross/Step L in front of R; Step R slightly back; Step L side left and slightly back

[9 - 16] CROSS, 1/4 R, LOCK STEP BACK - 1/4 L, 1/4 R, 1/4 R BALL TOUCH

1, 2 Cross/Step R in front of L; Turn 1/4 R stepping back on L 9:00

3 & 4 Step back on R; Cross (lock) step L going back in front of right; Step back on R

5, 6 Turn 1/4 left stepping L side left (lean & look left); Turn 1/4 right replacing weight onto R in

place 9:00

7&8 Turn 1/4 right stepping L side left (small step); (&) Return weight onto R in place; Touch L

next to R 12:00

[17-24] SIDE, BEHIND, (&) 1/4 L, 1/4 L, BEHIND - (&) 1/4 R, FORWARD, 1/2 R, LOCK FORWARD

1, 2 Step L side left; Step R behind L

Timing: Count 1; As you step L side left stretch the side step to feel like you are dragging the right.

&3, 4 (&) Turn 1/4 left stepping L forward; Turn 1/4 left stepping R side right; Step L behind R 6:00

Timing: Count 3; As you turn and step the R side right stretch the side step to feel like you are dragging the left.

&5, 6 Turn 1/4 right stepping R forward; Step L forward; Turn 1/2 right shifting weight to R 3:00

7&8 Step L forward; Step R behind L heel; Step L forward 3:00

Alternate: For 7&8 you can do a full turn right instead of the lock step

[25-32] STEP, POINT, CROSS BALL CHANGE - STEP, 1/2 TURN POINT, MODIFIED SAILOR STEP

1, 2 Step R forward; Point/touch L side left

3 & 4 Step L forward in front of R; (&) Step ball of R side right; Return weight to L moving slightly

forward

5, 6 Step R forward in front of L; Turn 1/2 right touching L side left (sharp turn) 9:00

7&8 Step L behind R; Step R side right; Step L forward

Begin Again!!!

Contact: Email: mbarr@saber.net

Web Access: www.MichaelandMichele.com - Step Sheets, music & video links, plus more!