La Fiesta



拍數: 32

牆數:2

級數: Newcomer

編舞者: Sophie Dick (BEL) & Martine Saelens (BEL) - November 2012

音樂: Fiesta by Sunset

Count in: 32 counts from start of track

[1-8] RIGHT CHASSE, CROSS, FULL TURN, HIP BUMPS

- 1 & 2 step R to the right, step L next to right, step R to the right
- 3 4 cross L over right, full turn to the right
- 5 6 step L to the left with bump to the left, bump to the right
- 7 8 bump to the left, bump to the right

[9-16] CROSS, BACK STEP, ¼ CHASSE LEFT, ROCKING CHAIR

- 1 2 cross L over R, step R back
- 3 & 4 step L to the left, step R next to left, step L ¼ turn left
- 5 6 step R forward, recover on L
- 7 8 Step R back, recover on L

(Option: the first two counts can be done with shimmys)

[17-24] STEP, PIVOT ½ TURN, FULL TURN, BOUNCED PADDLES

- 1-2 step R forward, $\frac{1}{2}$ turn to the left
- 3-4 step right back with $\frac{1}{2}$ turn to the left, step L forward with $\frac{1}{2}$ turn to the left
- 5-6 step R to the right with R hip bump, L hip bump to the left
- 7 8 step R ¼ turn to the left with R hip bump, L hip bump to the left

(Option: instead of doing a full turn you can just do step R forward and step L forward)

[25-32] CROSS, ¼ TURN, OUT, OUT, IN, IN (x2)

- 1 2 cross R over left, step L back with ¼ turn right
- & 3 & 4 step R out, step L out, step R in, step L in
- 5 6 cross R over left, step L back with ¼ turn right
- & 7 & 8 step R out, step L out, step R in, step L in

No Tags and No Restarts

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