Lands of Dreaming



拍數: 48 牆數: 4 級數: High Beginner

編舞者: Jacob Andersen (DK) - October 2012

音樂: Land of Dreaming - Masterboy



Intro: 32 counts from the first beat in music. (when lyrics begin) Start with weight on L foot.

Section 1: Side mambo R, side mambo L, shuffle forward, pivot ¼ turn R.

1 & 2	Rock R to R side, recover on L, step R next to L
3 & 4	Rock L to L side, recover on R, step L next to R
5 & 6	Step R fwd, step L next to R, step R fwd
7 – 8	Step L fwd, make ¼ turn, recover on R.

Section 2: Cross shuffle, step drag, right rocking chair

1 & 2	Cross L in front of R, step R to R, cross L in front of R
3 – 4	Step R to side, drag L next to R (weight on left)
5 – 6	Rock R fwd, recover on L
7 – 8	Rock R back, recover on L
	W 0 5 1 40 5 1 1 1 1

(Restart at wall 6 facing 12 o'clock)

Section 3: Paddle 1/4 left x2, cross point x2

1 – 2	Hitch R knee, turn ¼ L and touch R to side
3 – 4	Hitch R knee, turn 1/4 L and touch R to side
5 – 6	Cross R over L, point L to side
7 – 8	Cross L over R, point R to side

Section 4: R jazz box, chasse R, L back rock

1 – 2	Cross R over L, step back on L
3 – 4	Step R to R side, cross L over R
5 & 6	Step R to R side, step L next to R, step R to R side
7 – 8	Rock back on L, recover on R

Section 5: Chasse L, R back rock, hip bumps

1 & 2	Step L to L side, step R next to L, step L to L side
3 – 4	Rock back on R, recover on L
5 – 6	Step R to R, push R hip to R side, push L hip to L side
7 – 8	Push R hip to R side, push L hip to L side

Section 6: Diagonals fwd and back, diagonals back and fwd

1 – 2	Step R fwd to diagonal R, L touch beside R (clap)
3 - 4	Step L back on diagonal L, R touch beside L (clap)
5 – 6	Step R back on diagonal R, L touch beside R (clap)
7 – 8	Step L fwd on diagonal L, R touch beside L (clap)

And the whole thing starts over again.

The ending (wall 8, facing 12 o'clock) is when you have done the rocking chair. Then slowly raise your arms like an angel

Contact: lolle@live.dk