A Farmer's Wife



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Keith Davies (AUS) - November 2012

音樂: A Farmer's Wife - Jayne Denham: (iTunes)



16 count intro

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

4.0	^ D .	
1,2	Cross R over I	recover weight onto L

3&4 Step R to the side, step L beside R, step R to the side

5,6 Cross L over R, recover weight onto R

7&8 Step L to the side, step R beside L, step L to the side**

FORWARD ROCK, FULL TURN TRIPLE, FORWARD ROCK, COASTER

4.0	01 (10	
1.2	Step forward R.	recover weight onto L

3&4 Turning a full turn right step in place R, L, R (easier option: coaster)

5,6 Step forward R, recover weight onto L

7&8 Step back R, step L beside R, step R forward

FORWARD, LOCK, SHUFFLE, FORWARD, LOCK, SHUFFLE

1.:	2	Sten R	diagonally	forward	lock I	hehind R	2
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3&4 Step R diagonally forward, step L beside R, step R diagonally forward

5,6 Step L diagonally forward, lock R behind L

7&8 Step L diagonally forward, step R beside L, step L diagonally forward

1/4 PADDLE, 1/4 PADDLE, HEEL SWITCHES

1,2 Step forward R, pivot ¼ left taking weight onto the L 3,4 Step forward R, pivot ¼ left taking weight onto the L*

Touch R heel forward, step R beside L, touch L heel forward, step L beside R
Touch R heel forward, step R beside L, touch L heel forward, step L beside R

(Easier option for counts 5-8: four hip bumps)

RESTARTS:-

On walls 2 and 5 dance to count 28* and restart facing the front On wall 4 dance the first 8 counts** and restart facing the back

TAG: At the end of wall 6 add the following Tag facing the back: JAZZBOX

1-4 Cross R over L, step back L, step R to the side, step L beside R

ENDING: At the end of wall 11 finish the dance by dancing the first 3 counts of the dance.

This dance is meant to be a bit of fun. Feel free to experiment with the last 4 counts of the dance – try applejacks and/or vaudevilles instead of the heel switches!

Dorothy's are a good alternative for counts 17-24. Enjoy!

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