

She's Sun and Rain

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate - NC2S
編舞者: Claire Ball (UK) & Steve Mason (UK) - November 2012
音樂: She's Every Woman - Garth Brooks : (Album: Fresh Horses)



Notes: 8 count intro, Start on main vocal, CCW motion

Dance goes off phrase during wall 5, but not enough to warrant a Restart.

It finishes nicely on wall 6 at end of the dance facing the back wall, unwinding 1 / 2 turn right to face front wall.
Hope you enjoy.

SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, BALL CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER

- 1-2& Long step Right foot to right side, cross left foot behind right foot, step right foot to right side,
- 3-4 Cross rock left foot over right foot, recover weight to right foot,
- &5 Step left foot to left side, cross step right foot over left foot,
- 6-7& Left foot long step left dragging right foot to left foot, cross right behind left foot, Step left foot left side,
- 8& Cross rock right foot over left foot, recover weight to left foot. (12)

1/4 TURN R FORWARD, PRISSY WALK LEFT, RIGHT, MAMBO 1 / 2 TURN, FULL TRIPLE, MAMBO DRAG

- 1-3 Turn 1 / 4 turn right stepping right foot forward, slightly cross step left foot over right foot, slightly cross step right foot over left foot, (3)
 - 4&5 Rock step Left foot forward, recover weight to right foot, 1 / 2 turn left stepping left foot forward, (9)
 - 6&7 Make a full turn left travelling forward stepping right, left, right,
- (6&7: Easy Alternative. Right shuffle forward)**
- 8& Rock step left foot forward, recover weight to right foot.

STEP BACK, DRAG, COASTER CROSS, SWAY, SWAY, 1 / 2 TURN, SWEEP, JAZZ BOX, SWAY

- 1-2& Long step back on left foot dragging right foot back, step right foot back, step left foot next to right foot,
- 3-5 Cross step right foot over left foot, sway step left foot to left side, sway right
- 6 Start to make 1 / 2 turn left stepping onto left foot, sweep right foot around completing turn, (3)
- 7&8& Cross step right foot over left foot, step left foot back, sway step right foot to right side, sway left foot to left side slightly hitching right Knee whilst dragging right foot towards left foot.

BASIC RIGHT, BASIC LEFT, 1 / 4 TURN RIGHT, STEP, 1 / 4 PIVOT TURN , CROSS, FULL TURN

- 1-2& Long step right foot to right side, step left foot slightly behind right foot, recover weight to right foot,
- 3-4& Long step left foot to left side, step right foot slightly behind left foot, recover weight to left foot.
- 5 Turn 1 / 4 turn right stepping forward on right foot, (6)
- 6&7 Step forward on left foot, 1 / 4 pivot turn right, cross step left foot over right foot, (9)
- 8& Step right foot back 1 / 4 turn LEFT (6), step left foot 1 / 2 turn left (12), make 1 / 4 turn left leading into start of dance. (9)

(8& Easy Alternative; Step Right foot to right side, close left foot to right foot)

For a nice smooth ending on wall 6 facing the back wall, dance up to count 31, crossing left foot over right foot, then replace counts 32& with unwind 1/2 turn RIGHT to face home wall.....

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