Stay Stay Stay!

拍數: 32

級數: Improver - 2S

編舞者: Niels Poulsen (DK) - November 2012

音樂: Stay Stay Stay - Taylor Swift

Note: Thank you so much to Lene Mainz and Randi Oestergaard for your help and support in the process of choreographing this dance. You made the difference!

Intro: 32 count intro from first beat in music, app. 19 seconds into track. Start with weight on L foot

[1 - 8] R jazz box, step fw L, R mambo fw, L mambo back

- 1 3 Cross R over L (1), step back on L (2), step R to R side (3) 12:00
- 4 Step fw on L (4) 12:00
- 5&6 Rock fw on R (5), recover back on L (&), step back on R (6) 12:00
- 7&8 Rock back on L (7), recover fw on R (&), step fw on L (8) 12:00

[9 – 16] R & L heel switches, big step fw R, together L, step ½ L, step ¼ L

- 1&2& Touch R heel fw (1), step R next to L (&), touch L heel fw (2), step L next to R (&) 12:00
- 3 4 Step a big step fw on R (3), step L next to R (4) 12:00
- 5-6 Step fw on R (5), turn $\frac{1}{2}$ L stepping onto L (6) 6:00
- 7 8 Step fw on R (7), turn ¼ L stepping onto L (8) * Restart here on wall 6, facing 12:00 3:00

[17 – 24] R Charleston step, R lock step fw, step $\frac{1}{2}$ R

- 1 2 Point R foot fw (1), step back on R (2) 3:00
- 3 4 Point L foot backwards (3), step fw on L (4) 3:00
- 5&6 Step fw on R (5), lock L behind R (&), step fw on R (6) 3:00
- 7 8 Step fw on L (7), turn $\frac{1}{2}$ R stepping fw onto R (8) 9:00

[25 – 32] L shuffle fw, R mambo fw, L coaster cross, R side rock

- 1&2 Step fw on L (1), step R next to L (&), step fw on L (2) 9:00
- 3&4 Rock fw on R (3), recover back on L (&), step back on R (4) 9:00
- 5&6 Step back on L (5), step R next to L (&), cross L over R (6) 9:00
- 7 8 Rock R to R side (7), recover on L (8) 9:00

BEGIN AGAIN and... SING A LONG!!!

Note: Option! During the chorus you hit counts 1-2-3 in section 1 ('stay stay stay'), section 2 ('time time time') and section 3 ('mad mad mad').

Therefore, try to make these steps clear by making them big and clearly defined. Good luck!

Restart: On wall 6, after 16 counts, facing 12:00

Ending: You automatically finish facing 12:00! On your 10th wall which starts facing 3:00 you do up to count 24, facing 12:00. There's one beat left in the music: just step fw on L. Tadah!

Contact: TUniels@love-to-dance.dk - Uwww.love-to-dance.dk





牆數:4