

Skiffle Light

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Forty Arroyo (USA) - December 2012
音樂: Mama Don't Allow - The Jive Aces



Dedicated to The Sturbridge Senior Dancers

A Hayloft Floor split inspired by Darren Baileys' Imp/Int FUN dance SKIFFLE TIME

[1-8] R TOE HEEL STRUT, ROCK, STEP, L TOE HEEL STRUT, ROCK, STEP

1-4 Touch R toes to side, Drop R heel, Rock back on L, Step R in place
5-8 Touch L toes to side, Drop L heel, Rock back on R, Step L in place

[9-16] REPEAT COUNTS [1-8]

[17-24] TOUCH & STEP: RIGHT, LEFT, FORWARD, FORWARD

1-4 Touch R to side, Step R in next to L, Touch L to side, Step L next to R
5-8 Touch R across L, Step R next to L, Touch L across R, Step L next to R

[25-32] WALK FORWARD, TRIPLE IN PLACE W/ ¼ R - REPEAT

1-4 Walk forward R, L, R, L
5&6 Triple in place making ¼ to right – stepping R L R
7&8 Triple in place making ¼ to right – stepping L R L

[33-40] VINE RIGHT WITH A TOUCH, SWAY L R L R

1-4 Step R to side, Step L behind, Step R to side, Touch L next to R
5-8 Stepping L to side - Sway hips L, R, L, R
(swinging arms along with hips - at chest level with palms out)

[41-48] VINE LEFT WITH A TOUCH, SWAY R L R L

1-4 Step L to side, Step R behind, Step L to side, Touch R next to L
5-8 Stepping R to side - Sway hips R, L, R, L
(swinging arms along with hips - at chest level with palms out)

[49-56] WALK FORWARD, KICK N' CLAP, WALK BACK, TOUCH

1-4 Walk forward R L R, Kick L forward
5-8 Walk back L, R, L, Touch R next to L

[57-64] TOUCH FORWARD AND SIDE, TRIPLE IN PLACE, REPEAT

1-2 Touch R forward, Touch R to side
3&4 Triple in place – R L R
5-6 Touch L forward, Touch L to side
7&8 Triple in place – L R L

Last Revision 12/3/12