Time To Chill

拍數: 32

級數: Beginner

編舞者: Jan Brookfield (UK) - December 2012

音樂: Chilly Cha Cha - Jessica Jay

(Start after 19 secs)

Other suggested tracks:-Little Saint Nick by The Beach Boys (start on "WAY up North ...") Winter Wonderland by Bing Crosby (+ many others) Rocking Around the Christmas Tree by Brenda Lee (+ many others)

SECTION 1 : CHASSE RIGHT, ROCK BACK, RECOVER, CHASSE LEFT, ROCK BACK, RECOVER

- 1&2 Chasse right on R,L,R
- 3,4 Rock back on L, recover on R
- 5&6 Chasse left on L,R,L
- 7,8 Rock back on R, recover on L

SECTION 2 : SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER

- 9&10 Shuffle forward on R,L,R
- 11,12 Rock forward on L, recover on R
- 13&14 Shuffle back on L,R,L
- 15,16 Rock back on R, recover on L

SECTION 3 : PADDLE TURNS ¼ LEFT x 2, JAZZ BOX CROSS

- 17,18 Paddle turn ¼ left : R forward, pushing R hip out, transfer weight onto L
- 19,20 Paddle turn ¼ left : R forward, pushing R hip out, transfer weight onto L
- 21,22 Step R across L, step back on L
- 23,24 Step R to side, step L across in front of R (facing 6 o'clock)

SECTION 4 : STEP TOUCH, CHASSE LEFT WITH ¼ TURN, STEP TOUCH , STEP TOUCH

- 25,26 Step R to side, touch L next to R
- 27&28 Chasse left on L,R,L making quarter turn left on last step
- 29,30 Step R to side, touch L next to R
- 31,32 Step L to side, touch R next to L

(Now facing 3 o'clock)

START AGAIN

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牆婁

牆數:4