

# Outta Control

拍數: 80      牆數: 2      級數: Advanced - Funky Cha Cha  
編舞者: Simon Ward (AUS) - December 2012  
音樂: Outta Control (Original Radio Edit) (feat. Francisco) - De-Lano : (Album: Outta Control - EP on iTunes)



Notes: (\*\*) Restart after count 64 on 3rd wall (back wall). Ending - on count 32 cross/step left over right facing front

A BIG thank you to Niels Poulsen for his advice and input

## [1-7] Step R, cross/rock L, recover w/sweep, L sailor step, Walk fwd R,L

1-2-3      Step right slightly at 45deg right, Cross rock left over right, Recover weight onto right sweeping left counter-clockwise to 12.00  
4&5      Step left behind right, step right slightly to right, step left slightly forward (12.00)  
6-7      Step right forward, Step left forward (12.00)

## [8-15] R anchor step, full turn back L, ¼ L shuffle to L, cross/rock R, recover L

8&1      Step right behind left, Step left in place, Step right slightly back (anchor step, turning body slightly right) (12.00)  
2-3      Turn a ½ turn left & step left forward (6.00), Turn a ½ turn left & step right back (12.00)  
4&5      Turn a ¼ turn left & step left to left side (9.00), step right beside left, step left to left side  
6-7      Cross/rock right over left, recover weight back onto left (9.00)

## [16-23] Shuffle to R, hold, L tog, R chasse, L tog, R ¼ turn, L fwd, pivot ½ R

8&1      Step right to right side, step left beside right, step right to right side (optional - roll body on count 1 for styling)  
2&3      Hold, step left beside right, step right slightly to right  
8&4&5      Step left beside right, step right to right side, step left beside right, step right to right turning ¼ turn right (12.00)  
6-7      Step left forward, pivot ½ turn right taking weight onto right (6.00)

## [24-32] L lock step, Cross/step R, L side, R sailor 1/8 turn R, L fwd, R fwd ½ turn L, rock L back with R hitch

8&1      Step left forward, lock/step right behind left, step left forward (6.00)  
2-3      Cross/step right over left, step left to left side (6.00)  
4&5      Step right behind, step left slightly to left side turning 1/8 turn right (7.30), step right slightly forward (7.30)  
6-8      Step left forward, Step right forward turning ½ turn left to (1.30), rock/step left back hitching right knee slightly (1.30)

## [33-39] Walk R,L,R, L lock/step, rock R fwd, recover L

1-3      Walk forward right, left, right (1.30)  
4&5      Step left slightly forward, lock/step right behind left, step left slightly forward (1.30)  
6-7      Rock/step right forward, recover weight back onto left (1.30)

## [40-47] R back lock/step, full turn left, L coaster step, rock R back, rock L fwd

8&1      Step right back, step left back cross stepping over right, step right back (1.30)  
2-3      Turn a ½ turn left & step left slightly forward (7.30), Turn a ½ turn left & step right slightly back (1.30)  
4&5      Step left back, step right beside left, rock/step left forward (1.30)  
6-7      Recover weight back on right, rock/step left forward (1.30)

## [48-55] 1/8 L shuffle to R, cross/rock L, recover on R w/sweep, L sailor step ½ turn L, cross/rock R, recover L

- 8&1 Turn 1/8 left & step right to right side (12.00), step left beside right, step right to right side (12.00)
- 2-3 Cross/rock left over right, recover weight back onto right sweeping left back counter/clockwise (12.00)
- 4&5 Step left behind right, step onto right turning ¼ left (9.00), turn a further ¼ turn left & step left slightly forward (6.00)
- 6-7 Cross/rock right over left, recover weight back onto left (6.00)

**[56-64] Shuffle to R, rock L fwd, recover R, L lock step back, full turn back R, touch R**

- 8&1 Step right to right side, step left beside right, step right to right side (6.00)
- 2-3 Rock/step left forward, recover weight back onto right (6.00)
- 4&5 Step left back, step right back cross/stepping over left, step left back (6.00)
- 6-8 Turn ½ turn right & step right forward (12.00) , Turn ½ turn right & step left back (6.00), Touch right beside left (\*\*)

**[65-72] R fwd, hold & shimmy, L Fwd, hold & shimmy, full paddle turn L**

- 1-4 Step R fwd, Hold and shimmy shoulders, Step L fwd, Hold and shimmy shoulders (6.00)  
option – Chug& shimmy slightly fwd x 4
- 5-8 Turn ¼ left stepping right to right (3.00), turn ¼ left stepping right to right (12.00), turn ¼ left stepping right to right (9.00), turn ¼ left stepping right to right (6.00) (paddle turn, use left foot for momentum )

**[73-80] R fwd, hold & shimmy, L Fwd, hold & shimmy, kick R across L, Step R, cross/step L ball, full turn R hitching R**

- 1-4 Step R fwd, Hold and shimmy shoulders, Step L fwd, Hold and shimmy shoulders (6.00)  
option – Chug& shimmy slightly fwd x 4
- 5-8 Kick right across left, step right to right side, cross/step ball of left over right, unwind a full turn right on ball of left hitching right knee to restart (count 8 is like a spiral turn ) (6.00)

**RESTART**

Contact - bellychops@hotmail.com

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