

Slow Hand

COPPER KNOB
STEPSHEETS

拍數: 32

牆數: 2

級數: Phrased Beginner

編舞者: Darrel Winson (UK) - December 2012

音樂: Slow Hand - The Pointer Sisters



Sequence: 32-32-Tag1-32-32-8-Tag2-32-32-Tag1-32-32-28-32 till the end

Intro: 32 counts

SEC 1: STEP TOGETHER, CHASSE SIDE, CROSS ROCK, RECOVER, CHASSE SIDE

- 1-2 Step R foot to R side, step L foot beside R foot
- 3&4 Step R foot to R side, step L foot beside R foot, step R foot to R side
- 5-6 Cross rock L foot over R foot, recover weight on R foot
- 7&8 Step L foot to L side, step R foot beside L foot, step L foot to L side (12.00)***

SEC 2: FORWARD ROCK, RECOVER, ¼ TURN R, TOUCH, ROLLING FULL TURN L, CHASSE SIDE

- 1-2 Rock R foot forward, recover weight on L foot
- 3-4 Turn ¼ R stepping R foot to R side, touch L toes beside R foot
- 5-6 Turn ¼ L stepping L foot forward, turn ½ L stepping R foot back
- 7&8 Turn ¼ L stepping L foot to L side, step R foot beside L foot, step L foot to L side (3.00)

SEC 3: CROSS ROCK, RECOVER, BALL CROSS, KICK, BACK SIDE, CROSS SHUFFLE

- 1-2& Cross rock R foot over L foot, recover weight on L foot, step R foot beside L foot
- 3-4 Cross L foot over R foot, kick R foot to R diagonal
- 5-6 Cross R foot behind L foot, step L foot to L side
- 7&8 Cross R foot over L foot, step L foot to L side, cross R foot over L foot (3.00)

SEC 4: SIDE ROCK, RECOVER ¼ TURN R, FORWARD SHUFFLE, HIP SWAY

- 1-2 Rock L foot to L side, recover weight on R foot and turn ¼ to R
- 3&4 Step L foot forward, lock R foot behind L foot, step L foot forward ***
- 5-8 Step R foot to R side and sway hips to R side, L side, R side, L side (6.00)

TAG 1: HIP SWAY

- 1-4 Sway hips to R side, L side, R side, L side

TAG 2: JAZZ BOX SIDE SCUFF, JAZZ BOX STEP TOUCH

- 1-4 Cross R foot over L foot, step L foot back, step R foot to R side, scuff L foot forward
- 5-8 Cross L foot over R foot, step R foot back, step L foot to L side, touch R toes beside L foot

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