(Rather Be) Without

級數: Intermediate

編舞者: Ben Heggy (USA) - January 2013

音樂: Without - Jack Savoretti : (Album: Between The Minds)

*This is really a two wall dance, but due to the restarts, you will change from dancing on 12:00 and 6:00 to dancing on 3:00 and 9:00 and then change back to 12:00 and 6:00.

Start: On lyrics, 16 counts,

拍數: 32

NC Basic, Quarter, Chase turn, Rock forward, Rock side, Rock behind

- 1-2& Big step right to the side; Rock left behind right; Recover weight to right.
- 3-4& Turn ¼ turn left and step left forward (9:00); Step right forward; Pivot ½ turn left, weight on left (3:00).
- 5-6& Step right forward; Cross rock left over right; Recover weight to right.
- 7& Rock left to the side; Recover weight to right.
- 8& Cross rock left behind right; Recover weight to right.

NC Basic, Rolling vine, Cross, Side Rock, Recover, Cross, Side Rock, Recover, Cross

- 1-2& Big step left to the side; Cross rock right behind left; Recover weight to left.
- 3-4& Turn $\frac{1}{4}$ turn right and step right forward(6:00); Turn $\frac{1}{2}$ turn right and step left back(12:00); Turn $\frac{1}{4}$ turn right and step right to the side(3:00).
- 5 Cross left over right.
- 6&7 Rock right out to the side; Recover weight to left; Cross right over left.
- &8& Rock left out to the side; Recover weight to right; Cross left over right.

Restart here on walls 4 and 7

NC Basic, Quarter, Half, Back, Back, Back rock, Recover, Forward rock, Recover, Side rock, Recover

- 1-2& Big step right to the side; Rock left behind right; Recover weight to right.
- 3-4& Turn ¼ left and step left forward (12:00); Turn ½ left and step right back (6:00); Step back on left.
- 5 Step back on right.
- 6& Rock left back; Recover weight to right.
- 7& Rock left forward; Recover weight to right.
- 8& Side rock left; Recover weight to right.

Cross, Spiral, Forward, Lunge, Recover, Back, Back, Touch, Behind, Touch, Behind, Touch, Behind

- 1-2& Cross left over right; Spiral full turn right(6:000); Step forward on right;
- 3-4& Lunge left forward; Recover weight to right; Step back on left (6:00).
- 5 Step right back.
- 6& Touch left next to right; Cross left behind right.
- 7& Touch right next to left; Cross right behind left.
- 8& Touch left next to right; Cross left behind right.

Repeat

Restarts: During walls 4 and 7, dance the first 16 counts and Restart.

On wall four, you will be facing 9:00 when the restart occurs, and you will now be dancing the dance facing the side walls.

On wall seven you will be facing 12:00 when the restart occurs, and you will now be back to dancing the dance facing front and back.

Ending: On wall 11, you will dance 24 counts of the dance and the beat will end facing front, a jingling sound will continue for some time after the last beat.





牆

牆數:4

With your hands open flat, raise both hands in front of you, and slowly lower them in an arc to each side, quivering your hands like leaves in a gentle breeze.

Contact: ben.heggy@gmail.com