She's Gonna Hurt Somebody

級數: Intermediate - ECS

編舞者: Ronald "RONNIE" Grabs (DE) - November 2009

音樂: She's Gonna Hurt Somebody - Chuck Wicks

SIDE CHASSE / BACK ROCK / DIAG. KICK-BALL-CROSS / SIDE PRESS-SIDE STEP & SWEEP BACK 1&2 step right foot to side, step left foot next to right, step right foot to side, 3.4 rock left back slightly behind right, recover weight on to right, Note: On count 3 turn your body 1/8 to L (face 10:30) and keep this direction until count 7. The following step are write as you look 12:00 kick left foot diagonally forward, ball step left foot next to right, cross step right foot in over 5&6 left, 7,8 press ball of left to side, step left to side sweeping right foot back, SAILOR 1/4 TURN R / CROSS STEP / DIAG. KICK-BALL-STEP / STEP FWD.-FANNING 1/4 TURN R-**CROSS STEP** 1&2 cross step right behind left, 1/4 turn right stepping left next to right, step right forward, 3 cross step left diagonally forward, 4&5 kick right diagonally forward, step right next to left, step left slightly forward, step right forward, turn 1/4 R fanning left toe to side, cross step left over right, 6,7,8 STEPS SIDE-BEHIND / SIDE CHASSÉ / CROSS ROCK / 1/4 TURN L STEP / TOUCH-HOP 1,2 step right to side, cross step left behind right, 3&4 step right foot to side, step left foot next to right, step right foot to side, 5,6 cross rock left foot in front of right, recover weight on to right, 7, 1/4 turn left stepping left foot forward, 8& touch right next to left, hop slightly forward on left, Variation: Instead of the touch-hop you can also perform the following step: **PIQUE FULL TURN L** full turn left on left with right foot behind left knee and right knee to side, 8 FWD. SHUFFLE / 1/2 TURN R BACK SHUFFLE / BACK ROCK / STEP-1/2 PIVOT L 1&2 step right foot forward, step left foot next to right, step right foot forward, 3&4 1/4 turn right stepping left to side, step right next to left, 1/4 turn right stepping left back, rock right back, recover weight forward on to left, 5,6

7,8 step right foot forward, 1/2 turn left stepping left foot forward,

REPEAT

RESTART: In wall 3 (face to front) and 8 (face to back) dance only the first 16 counts and Restart.





牆數: 4

拍數: 32