How Country Feels

拍數: 32

級數: Intermediate

編舞者: Mathew Sinyard (UK) - January 2013

音樂: How Country Feels - Randy Houser : (Album: How Country Feels)

1-2	Walk forward right, left.
3&4	Shuffle forward on right foot.
5-6	Rock forward on left, recover on to right.
7&8	Step left behind right, turning $\frac{1}{2}$ turn left, Step right in place, step forward on left
Section Tv	/o – Kick Ball Step, Kick Out-Out, Sailor Step, Sailor Quarter Turn.
1&2	Kick right forward, replace weight on ball of right foot, step forward left.
3&4	Kick right forward, step right to right side, step left to left side
(Feet shou	lder width apart).
5&6	Step right behind left, step left in place, step right slightly forward.
7&8	Step left behind right, turning 1/4 turn left, Step right in place, step forward on left
Restart th	e dance at end of section 2 on walls – 2,4,6 & 9
Section Th	ree – Step Lock & Step Lock &Rock Recover, Full Turn(or Coaster Step).
1-2	Step right forward on a diagonal, lock left behind right.
&3-4	Step right forward, step left forward on a diagonal, lock right behind left.
&5-6	Step left forward, rock forward on right, recover on left.
7&8	Triple full turn on the spot (right, left, right).
alternative	e 7&8 Right Coaster – step back right, step left beside right, step forward right.
Section Fc	ur – Rock Recover, Shuffle Back, Behind, Unwind, Step Turn, Cross Touch.
1-2	Rock left forward, recover on right.
3&4	Shuffle back on left foot.
5-6	Touch right toe behind left foot, turn a $\frac{1}{2}$ turn right onto right foot.
7-8	Step forward on left foot, pivot 1/2 turn right whilst sliding right toe across left foot

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牆數:4