

# Be The Lake

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate - Polka  
編舞者: Ronald "RONNIE" Grabs (DE) - January 2013  
音樂: Be the Lake - Brad Paisley



## **FWD. SHUFFLE / 1 1/2 R TURNING TRIPLE / 4X HITCH STEPS BACK**

1&2      step right foot forward, step left foot next to right, step right foot forward,  
3&4      1/2 turn right stepping left slightly back, 1/2 turn right stepping right slightly forward, 1/2 turn  
right stepping left slightly back,

**Easier version: 1/2 turning right shuffle back.**

&5      right knee hitch hop slightly back on left, step right foot back,  
&6      left knee hitch hop slightly back on right, step left foot back,  
&7      right knee hitch hop slightly back on left, step right foot back,  
&8      left knee hitch hop slightly back on right, step left foot back,

## **1/4 R SIDE-POINT-1/4 L FLICK / FWD. SHUFFLE / 1/4 R SIDE CHASSE / SAILOR STEP**

&1,2      1/4 turn right stepping right to side, point left toe to side, 1/4 turn left flick right back,

**Tag & Restart: wall 9 dance until here, dance below steps and restart with face to front wall.**

3&4      step right foot forward, step left foot next to right, step right foot forward,  
5&6      1/4 turn right stepping left to left side, step right next to left, step left to left side,

**Restart: wall 3 dance until here, dance below steps and restart with face to front wall.**

7&8      cross step right behind left, step left slightly side, step right diagonally to forward right,

## **CROSS-1/4 L BACK / 1/4 L SIDE HOP-SLIDE / WEAVE / SIDE ROCK**

1,2      cross step left across right, turn 1/4 left stepping right back,  
&3-4      turn 1/4 left hop on right slightly to right side, step left to side and slowly slight right next to  
left,  
5&6      cross step right behind left, step left to side, cross step right over left,  
7,8      rock left foot to left side, recover weight on right foot,

## **SAILOR 1/4 TURN L / STEP-1/2 PIVOT L / FWD. SUFFLE / STEP-BRUSH**

1&2      cross step left behind right, step right next to left turning 1/4 left, step forward left foot,  
3&4      step forward right, 1/2 turn left stepping forward left foot,  
5&6      step right foot forward, step left foot next to right, step right foot forward,  
7,8      step left foot forward, brush right forward,

**Optional: dance a brush-hop fwd on 8&.**

## **REPEAT**

**RESTART: In wall 3 dance until count 14, dance follow steps and restart with face to front wall.**

15&16      cross step right behind left, step left next to right turning 1/4 right, touch right toe next to left,

**TAG: After Wall 6 dance follow steps and restart with face to back wall.**

1,2-4      right big step forward, slow drag left toe next to right and step next to left (or slightly forward),

**TAG & RESTART: In wall 9 dance until count 10, dance follow steps and restart with face to front wall.**

11,12      step right foot forward, step left foot forward