

Stole my Heart on Monday

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Nathalie Lagache (FR) - January 2013
音樂: I'm in Love - Ola



Sequence : A A B B B(r) A A B B B(r) A B B

PATTERN A

Part 1 [1 – 8]

Step R, Touch, ¼ turn, Side, Together, Side, Touch

1-4 R fwd, Touch L behind R, Back Step L, Touch R next to L,

5-8 ¼ turn right R to right side, L next to R, R to the right, Touch L next to R (3:00)

Part 2 [9 – 16]

¼ turn step back L, Coaster Toe Strut, 1/4 turn , ¼ turn , ¼ turn weight L

1 ¼ turn right with L on place (6:00)

2-5 R back step, L next to R, touch with R fwd, drop left heel

(arms style : 4 : hands on heart ; 5 : open arms)

6-8 ¼ turn right, L to the left, 1/4 turn right, weight on R, ¼ turn right, weight on L (3:00)

Part 3 [17 - 24]

Sailor ¼ turn R, ¼ turn, Side, Sailor, Pivot ½ turn, Side

1-4 R behind L, L to the left, ¼ turn right, R fwd, ¼ turn right, L to the left (9:00),

5-8 R behind L, L to the left, R to the right, Pivot ½ turn left, L to the left (3:00)

Part 4 [25 – 32]

Knee pop R, Knee pop L, Coaster ¼ turn, Step fwd

1-4 Right knee in, right heel on place, left knee heel in, right heel on place

5-8 ¼ turn right with R back, L next to R, R fwd, L fwd (6:00)

PATTERN B

Part 1 [1 – 8]

¼ Turn kick & Point , Kick & point fwd, Cross, Side , Point, Behind, Point

&1-2 Pivot ½ turn left (&), kick & point R to the right, kick & point R fwd (9:00)

3-4 Cross R over L, Point L to the left side,

5-8 Cross L behind R, Point R to the right side, Cross R behind L, Point L to the left

Part 2 [9 – 16]

Step back, Side, ¼ turn, R Swivet, L Swivet, Side, Together

1-2 Back with L, ¼ turn right, R to the right (12:00)

3-6 Right toes & left heel out, on place, Left toes & right heel out, on place

7-8 R to the right, L next to R

=> Restart here (r) in the sequence

Part 3 [17 - 24]

Step R fwd, Kick, Step Back, Side ¼ Turn, Cross, Side, ¾ Turn, Touch

1-4 R fwd, kick with L fwd, L back step, ¼ turn left, R to the right (3:00)

5-6 Cross L over R, R to the right,

7-8 Pivot ¾ turn left on R, L fwd (7), Touch R next to L (6:00)

Part 4 [25 – 32]

Side Step, Behind, Side & Heel & Cross (vaudeville & cross) x2

1-2 R to the right, L behind R

&3&4 R to the right, left heel fwd, L next to R, Cross R over L

5-6 L to the left, R behind L,
&7&8 L to the left, right heel fwd, R next to L, L fwd

R: Right foot - L: Left foot - fwd : forward

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