Brand New Me



拍數: 32

牆數:4

級數: Advanced

編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - January 2013

音樂: Brand New Me - Alicia Keys : (Album: Girl On Fire. - iTunes)



Starts on vocals (16 counts)

Step, Anchor Step, 1/2, Step 1/4 Cross, 1/4 ,1/2, 1/2, 1/4 Rock.

- 1 2&3 Step forward on Left, Lock Right behind Left, rock forward on Left, recover on Right
- 4&5 6 Make 1/2 turn to Left stepping forward on Left, step forward on Right, pivot 1/4 turn to Left, cross step Right over Left.(3.00)
- 7&8 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right forward on Right, make 1/2 turn to Right stepping back on Left.
- &1 Make 1/4 turn to Right stepping Right to Right side, cross rock Left over Right.(9.00)

Recover & Cross, 1/4, 1/2, Side, Back Rock Side, Behind 1/4 Step .

- 2&3 Recover on Right, step Left to Left side, cross step Right over Left.
- 4&5 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, Step Left to Left side.(6.00)
- 6&7 Cross rock Right behind Left, recover on Left, step Right to Right side.
- 8&1 Cross step Left behind Right, make 1/4 turn to Right stepping forward on Right, step forward on Left.(9.00)

Spiral, Forward & Back & Step, Cross, Side, Behind, Back 1/2, 1/4.

- 2 Make full turn to Right as you spiral turn (9.00)
- 3&4& Rock forward on Right, recover on Left, rock back on Right, recover on Left.
- 5 6&7 Step forward on Right. Cross step Left over Right, step Right to Right side, cross step Left behind Right as you sweep Right out to Right side.
- 8&1 Step back on Right, make 1/2 turn to Left stepping forward on Left, make 1/4 turn to Left stepping Right to Right side.(12.00)

Back Rock Side Behind 1/4 Step Rock, Recover Back 1/2, Step 1/2.

- 2&3& Cross rock Left behind Right, recover on Right, step Left to Left side, cross step Right behind Left,
- 4&5 Make 1/4 turn to Left stepping forward on Left, step forward on Right, Rock forward on Left.(9.00)
- 6&7 Recover on Right, step back on Left, make 1/2 turn to Right stepping forward on Right.(3.00)
 8& Step forward on Left , pivot 1/2 turn to Right.(9.00)

Tag: At End Of Walls 1 & 4

Step, Rock Recover 1/2, Step 1/2 Step, Step, 1/2, 1/2, Back Rock, Recover.

- 1 2&3 Step forward on Left, rock forward on Right, recover on Left, make 1/2 turn to Right stepping forward on Right.
- 4&5 Step forward on Left, make 1/2 pivot turn to Right, step forward on Left.
- 6&7 Step forward on Right, make 1/2 turn to Left stepping forward on Left, make 1/2 turn to Left Stepping Right next to Left.
- 8& Rock back on Left, recover on Right.