

Choo Choo Cha Boogie

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: John Robinson (USA) & Jo Thompson Szymanski (USA) - February 2013
音樂: Choo, Choo Cha Boogie - Scooter Lee : (CD: Welcome to Scooterville)



Intro: 48 counts (start on vocals)

[1-8] DIAGONAL ROCKING CHAIR ~ SIDE STEP WITH SHIMMY

Styling: While rocking, move arms in a "choo choo" fashion (like pistons turning wheels on a train)

1 – 4 (Angle body to left diagonal) Rock R forward; Recover L; Rock R back; Recover L

5 – 8 Rock R forward; Recover L; R step to right side squaring up to 12:00; Hold

Styling: Shimmy or wiggle for counts 7 – 8.

[9-16] DIAGONAL ROCKING CHAIR ~ SIDE STEP WITH SHIMMY

Styling: While rocking, move arms in a "choo choo" fashion (like pistons turning wheels on a train)

1 – 4 (Angle body to right diagonal) Rock L forward; Recover R; Rock L back; Recover R

5 – 8 Rock L forward; Recover R; L step to left side squaring up to 12:00; Hold

Styling: Shimmy or wiggle for counts 7 – 8.

[17-24] HEEL STRUTS FORWARD

1 – 4 Step R heel forward; Drop R toe; Step L heel forward; Drop L toe

5 – 8 Step R heel forward; Drop R toe; Step L heel forward; Drop L toe

[25-32] (2) QUARTER MONTEREY TURNS

1 – 4 Touch R to right side; Step R together turning 1/4 right; Touch L to left side; Step L together

5 – 8 Touch R to right side; Step R together turning 1/4 right; Touch L to left side; Step L together

Styling: Raise R hand and shake index finger in air beside R shoulder while doing Monterey turns.

[33-40] STEP LOCK STEP SCUFF, STEP LOCK STEP SCUFF

1 – 4 Step R forward diagonally right; Lock step L behind R; Step R forward diagonally right;

Small scuff L forward

5 – 8 Step L forward diagonally left; Lock step R behind L; Step L forward diagonally left;

Small scuff R forward (bring R slightly up and back after the scuff to start moving backward)

[41-48] TOE STRUTS BACK WITH "HITCHHIKE" MOTIONS

1 – 4 Step R toe back; Drop R heel; Step L toe back; Drop L heel

5 – 8 Step R toe back; Drop R heel; Step L toe back; Drop R heel

Styling: On R struts, raise R thumb over R shoulder; on L struts, raise L thumb over L shoulder; alternate the action in a "hitchhike" type movement.

Start again and enjoy!

Ending: At the end of the song you will be facing the back. Do the Toe Struts back for 6 counts, on count 7, turn left ¼ Step L to left, look over left shoulder with L thumb back or turn 1/2 left and do your own pose to the front wall – smile!!

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To order the CD go to: www.scooterlee.com