

Xi Fu

拍數: 32 牆數: 4 級數: Improver
編舞者: Leong Mei Ling (MY) - January 2010
音樂: Xi Fu by My Astro



Intro: (48 count intro, start on vocals)

DIAGONAL STEP, TOGETHER, STEP-KICK, CROSS ROCK, FLICK

- 1-2 Step right diagonally forward, step left together (1:30)
- 3-4 Step right forward as you lift left (leg straight and pointed behind to left diagonal), hold
- 5-6 Cross left over right, recover to left
- 7-8 Cross left over right, turn ¼ left flick right (10:30)

CROSS, SCISSOR STEPS

- 1-2 Cross right over left, step left side
- 3-4 Step right together, cross left over right
- 5-6 Step right side, step left together
- 7-8 Cross right over left, hold

Alternate option:

- 1-8 Cross, side rock, cross, side rock, cross, hold

BACK, BACK, CROSS, SIDE, POINT

- 1-2 Step left back, step right back
- 3-4 Step left in front and across right, hold
- 5-6 Step right side, hold
- 7-8 Point/extend left behind right (to right diagonal), hold

VINE LEFT, CROSS, ¼ TURN, STEP FORWARD, HOLD

- 1-2 Step left side, cross right behind left
- 3-4 Step left side, cross right over left
- 5-6 Step left side, turn ¼ right and step right forward
- 7-8 Step left forward, hold

REPEAT

TAGS: After walls 4, 5, 10, 11 & 12 (sways)

Walls 4,10 & 12: sway right, hold, left, hold (over 4 counts)

Walls 5 & 11: sway right, hold, left, hold, right, hold, left hold (over 8 counts)

ENDING - After 13th wall

- 1-4 Sway right, hold, left, hold (3:00)
- 5-8 Cross right over left, step left back, turn ¼ right and step right side, step left forward (6:00)
- 1 Turn ½ right (weight still on left), hands together in Chinese-style greeting (12:00)