

The Life Of Riley

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Alan Birchall (UK) - February 2013
音樂: Life of Riley - Lightning Seeds : (CD: Like You Do... The Best Of The Lightning Seeds)



Start: On Lyrics - Seconds: 23 - Count: 32 From The Main Music

CROSS SIDE, ROCK, RECOVER, ½ TURN, SHUFFLE

1-2 Cross Right Over Left, Step Left To Left
3-4 Rock Back On Right, Recover On Left
5-6 Step Right To Right, Making ½ Turn Right Step Left By Right
7&8 Step Forward On Right, Step Left By Right, Step Forward On Right

MAMBO FORWARD, MAMBO BACK, ROCK, RECOVER, CROSS, ¼ TURN, POINT

9&10 Rock Forward On Left, Recover On Right, Step Back On Left
11&12 Rock Back On Right, Recover On Left, Step Forward On Right
13&14 Rock Left To Left, Recover On Right, Cross Left Over Right - Weight On Left
15&16 Point Right To Right, Making ¼ Turn Right Step Right By Left, Point Left To Left 9:00

Tag & Restart Here During Walls 3 (Facing 6:00) & 6 (Facing 12:00)

On 3rd & 6th Walls Replace 15&16 With Rock, Recover – 15: Rock Right To Right, 16: Recover On Left Then Restart From The Beginning

CROSS, COASTER STEP, LOCK, STEP, ROCK, RECOVER, 1¼ TRIPLE TURN

17-18 Cross Left Over Right, Step Back On Right
&19-20 Step Left By Right, Step Forward On Right, Lock Left Behind Right
&21-22 Step Forward On Right, Rock Forward On Left, Recover On The Right
23&24 Make 1¼ Triple Turn Left Stepping Left, Right, Left 6:00 Alt: ¼ Side Shuffle

CROSS ROCK, RECOVER, 1¼ TRIPLE TURN, STEP, ½ PIVOT, SHUFFLE

25-26 Cross Rock Right Over Left
27&28 Make 1¼ Triple Turn Right Stepping Left, Right, 9:00 Alt: ¼ Side Shuffle
29-30 Step Forward On Left, ½ Pivot Right
31&32 Step Forward On Left, Step Right By Left, Step Forward On Left 3:00

CROSS, BACK, SIDE SHUFFLE, x2

33-34 Cross Right Over Left, Step Back On Left
35&36 Step Right To Right, Step Left By Right, Step Right To Right
37-38 Cross Left Over Right, Step Back On Right
39&40 Step Left To Left, Step Right By Left, Step Left To Left

FRONT, SIDE, ½ SAILOR TURN, FRONT, SIDE, SAILOR

41-42 Touch Right Over Left, Touch Right To Right
43&44 Making ½ Turn Right Step Right behind Left, Step Left By Right, Step Right In Place 9:00
45-46 Touch Left Over Right, Touch Left To Left
47&48 Cross Left Behind Right, Step Right To Right, Step Left In Place

CROSS, POINT x2, CROSS, UNWIND, SHUFFLE

49-50 Cross Right Over Left, Point Left To Left
51-52 Cross Left Over Right, Point Right To Right
53-54 Cross Right Over Left, Unwind ½ Turn Left - Weight Ends On Left 3:00
55&56 Step Forward On Right, Step Left By Right, Step Forward On Right

ROCK, RECOVER, SHUFFLE, ¼ STEP, TOUCH, FULL TRIPLE TURN

57-58 Rock Forward On Left, Recover On Right

59&60 Step Back On Left, Step Right By Left, Step Back On Left

61-62 Making ¼ Turn Right Step Right To Right, Touch Left By Right

63&64 Make A Full Triple Turn Left Stepping Left, Right, Left 6:00 Alt: Side Shuffle Left

START AGAIN

Contact: Email: alan@alanbirchall.com - Website: <http://www.alanbirchall.com>

For bookings or information contact: Alan Tel: + 44 (0) 1204 654503 (UK)
