

Anything

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Dee Musk (UK) - February 2013
音樂: Anything - JoJo : (Single - Anything - iTunes)



48 Count Intro. Approx 30 seconds - Track approx 3 mins 50 secs - BPM 94

Side Drag, Ball Cross Point, Touch Point, Sailor Step, Cross.

1,2 Step L to L side, drag R to beside L.
&3,4 Step down on R, cross L over R, point R to R side.
5,6 Touch R in front of L, point R to R side.
7&8& Step R behind L, step L to L side, step R to R side, cross L over R. (12 o'clock).

Unwind ½ Turn R, Step Back, L Coaster Step, Step Forward, Step ¼ Turn R Cross, Tap Press to R Diagonal.

1,2 Unwind a ½ turn R keeping weight on L, step back on R.
3&4 Step back on L, step R beside L, step forward on L.
5 Step forward on R.
6&7 Step forward on L, make a ¼ turn R, cross L over R.
&8 Tap R to R diagonal, Press R to R diagonal. (9 o'clock).

Recover, Behind Side Cross, Unwind ½ Turn L, L Anchor Step, R Anchor Step.

1,2&3 Recover weight to L, cross R behind L, step L to L side, cross R over L.
4 Unwind a ½ turn L keeping weight on R.
5&6 Travelling back, rock back on L, rock forward on R, rock back on L.
7&8 Travelling back, rock back on R, rock forward on L, rock back on R. (3 o'clock).

½ Turn L, Step ½ Turn L, R Lock Step Forward, Step ¾ Turn R, Side Close.

1-3 Make a ½ turn L stepping forward on L, step forward on R, make a ½ turn L.
4&5 Step forward on R, lock L behind R, step forward on R.
6,7 Step forward on L, make a ¾ turn R to face 12 o'clock wall.
8& Step L to L side, close R beside L. (12 o'clock).

* Restart here during wall 2 facing 6 o'clock – begin again.

Side, R Sailor Step, Sailor ¼ Turn L, 1 ¼ Turn R.

1 Step L to L side.
2&3 Step R behind L, step L to L side, step R to R side.
4&5 Make a ¼ turn L stepping L behind R, step R to R side, step L forward.
6,7,8 Make a ½ turn R stepping forward on R to face 3 o'clock, make a ½ Turn R stepping back on L to face 9 o'clock, make a ¼ turn R stepping R to R side. (12 o'clock).

Sway L, Sway R, Chasse ¼ Turn L, Step Full Spiral Turn L, Rock & ¼ Turn L.

1,2 Sway hips L, sway hips R.
3&4 Step L to L side, close R beside L, make a ¼ turn L stepping forward on L.
5,6 Step forward on R, make a full spiral turn L (weight remains on R).
7&8 Rock forward on L, recover weight to R, make a ¼ turn L stepping L to L side. (6 o'clock).

Cross Point, & Out In Side, Cross, Back Side Cross, ½ Turn L with Cross.

1,2& Cross R over L, point L to L side, step L beside R.
3&4 Touch R out, touch R in, step R to R side.
5,6& Cross L over R, step back on R, step L to L side.
7,8 Cross R over L, make a ½ turn L and cross L over R. (12 o'clock).

Point, Full Modified Monterey Turn R, Rock Recover Step, Step, L Anchor Step, ½ Turn R.

- 1,2 Point R to R side, make a full turn R stepping R beside L.
- 3&4 Rock L to L side, recover weight to R, step forward on L.
- 5 Step forward on R.
- 6&7 Rock back on L, rock forward on R, rock back on L.
- 8 Make a ½ turn R stepping forward on R. (6 o'clock).

Restart: During wall 2, dance up to count 32& - begin again facing 6 o'clock wall.

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