

Soul Man

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Judy Rodgers (USA) - February 2013
音樂: Soul Man - Sam & Dave



Intro: 32 counts

WALK, WALK, MAMBO TURN ¼, KICK BALL CHANGE, STEP PIVOT ¼

1-2 Walk L, walk R
3&4 Rock L forward, recover R, turn ¼ left step L to side (9:00)
5&6 Kick R forward, step down on R, step L forward
7-8 Step R forward, turn ¼ left stepping down on L (6:00)

CROSS, SIDE, CROSS & CROSS, TURN ¼, TURN ½, SHUFFLE FORWARD

1-2 Cross step R over L, step L to side
3&4 Cross R over L, step L to side, cross R over L
1-2 Turn ¼ right stepping L back, turn ½ right stepping R forward (3:00)
3&4 Shuffle forward L R L

**** Add a forward rocking chair here during the 7th wall and continue with dance

RIGHT HIP BUMPS, LEFT HIP BUMPS, ROCK, RECOVER, TURN ½, TURN ¼

1&2 Step forward R, bump R L R
3&4 Step forward L, bump L R L
5-6 Rock R forward, recover to L
7-8 Turn ½ right step R forward, turn ¼ right step L to side (12:00)

SAILOR STEP, HOLD, BALL CROSS, TURN ¼, TURN ½, SHUFFLE TURN ½, STEP

1&2 Step R behind L, step L to left side, step R big step to right side
3&4 Hold, step L together with R, step R over L
5-6 Turn ¼ left step L forward, turn ½ left step R back
7&8 Turn ½ left shuffle L R L
& Step R beside L (9:00)

TAG: On the 7th wall which starts the second time at 6:00, dance the first 16 counts (now facing 9:00), add a rocking chair, then continue the dance with counts 17-32

1-4 Rock forward R, recover L, rock back R, recover L)

Contact: jrdancing@bellsouth.net