The Beaches of Cheyenne

COPPER KNOE

拍數: 32

牆數:4

級數: Improver

編舞者: Marie Sørensen (TUR) - February 2013

音樂: The Beaches Of Cheyenne - Red Strokes : (Album: Wild Horses)

Download the music for free here: www.redstrokes.co.uk

Intro: 32 Counts

SIDE, BEHIND, HEEL JACKS, CHASSE, ROCK, RECOVER

- 1-2 Step right to right side, cross left behind right
- &3&4 Step right to right side, tap left heel diagonal fwd. left, step left to left side, cross right over left
- 5&6 Step left to left side, step right next to left, step left to left side
- 7-8 Cross rock right over left, recover (12:00)

1/4 TURN SHUFFLE, SYNCOPATED JAZZ BOX, STEP BACK, COASTER STEP

- 1&2 ¹/₄ turn right, step fwd.right, step left next to right, step fwd. right
- 3-4 Cross left over right, step back on right
- &5-6 Step left next to right, cross right over left, step back on left
- 7&8 Step back on right, step left next to right, step fwd. right (03:00)

ROCK, RECOVER, DRAG BACK OVER 2 COUNTS TWICE, COASTER STEP

- 1-2 Rock fwd. left, recover
- 3-4 Step a big step back on left, drag right next to left
- 5-6 Step a big step back on right, drag left next to right

Keep your feet on the floor on counts 3-4-5-6

7&8 Step back on left, step right next to left, step fwd. left (03:00)

ROCK, RECOVER, TRIPLE ¾ TURN RIGHT, STEP ¼ TURN, CROSS SHUFFLE

- 1-2 Rock fwd. right, recover
- 3&4 ¹/₂ turn right, step fwd. right, step left next to right, ¹/₄ turn right, step right to right side (12:00)
- 5-6 Step fwd. left, ¼ turn right (Weight on right)
- 7&8 Cross left over right, step right to right side, cross left over right (03:00)

TAG: After wall 2 - 4 Counts tag - Facing 06:00

SWAY, SWAY, SWAY, SWAY

1-2 Step right to right side, sway to the right side, step left to left side, sway to the left3-4 Sway right, left

NOTE: A big thanks to Red Strokes for sharing this lovely song – Also a big thanks to Andy from Spain for suggest this song for a choreograph.

Have Fun!

Contacts:-

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