

Vertel My

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Amandine Cristofol (FR) - April 2012
音樂: Vertel My - Elizma Theron



Intro : 40 count

CROSS, POINT, CROSS, POINT, ROCK STEP, ½ TURN STEP, FULL TURN

1-2 Cross right over left, touch left side
3-4 Cross left over right, touch right side
5-6 Rock right forward, recover to left
7&8 Chassé back right-left-right turning ½ right

CROSS, POINT, CROSS, POINT, ROCK STEP, ½ TURN STEP, FULL TURN

1-2 Cross left over right, touch right side
3-4 Cross right over left, touch left side
5-6 Rock left forward, recover to right
7&8 Chassé back left-right-left turning ½ left

ROCK STEP, COASTER CROSS, STEP, TOUCH & SNAP, STEP, TOUCH & SNAP

1-2 Rock right forward, recover to left
3&4 Behind-side-cross right-left-right
5-6 Step left side, touch right together (snap with left hand)
7-8 Step right side, touch left together (snap with right hand)

ROCK STEP, COASTER STEP, STEP ½ TURN, FULL TURN

1-2 Rock left forward, recover to right
3&4 Left coaster step
5-6 Step right forward, turn ½ left (weight to left)
7-8 Triple in place right-left-right turning a full turn right

Insert Tag here on 3rd wall

ROCK STEP, ½ TURN STEP, ½ TURN STEP, SHUFFLE BACK, STEP BACK, POINT

1-2 Rock right forward, recover to left
3-4 Turn ½ right and step right forward, turn ½ right and step left back
5&6 Chassé back right-left-right
7-8 Step left back, cross/touch right over left

STEP LOCK STEP, FLICK ½ TURN, STEP & SHIMMY, STEP & SHIMMY

1-2 Step right forward, lock left behind right
3-4 Step right forward, turn ½ right (weight to right)
5-6 Step left forward, hold (shimmy shoulders)
7-8 Step right forward, hold (shimmy shoulders)

WEAVE, KICK, RECOVER, POINT, RECOVER

1-2 Cross left over right, step right side
3-4 Cross left behind right, step right side
5-6 Kick left forward, step left together
7-8 Touch right back, step right together

ROCK STEP, STEP BACK, RECOVER, STEP BACK, RECOVER, ½ TURN, STEP, RECOVER, ROCK MAMBO, RECOVER

1-2 Rock left forward, recover to right

3&4& Cross left behind, step right side, raise left, right back next
5-6 Turn ½ left forward, step right next
7&8 Rock left side, recover to right, step left together

REPEAT WITH SMILE AND HAVE FUN

TAG : After count 32 in the third wall

KICK, CROSS, HEEL, RECOVER

1-2 Kick right forward, cross right over left
3-4 Touch left heel forward, step left together
